



Kamala Nehru College
University of Delhi
National Service Scheme



Programme Officer
Dr. Sona Mandal

Principal
Prof. Pavitra Bhardwaj

Office Bearers

President - Manya Khanna

Vice President - Jahanvi Napalchyal

General Secretary - Niharika Singh

ABOUT NSS KAMALA NEHRU COLLEGE

The National Service Scheme (NSS) unit of Kamala Nehru College serves as a dynamic platform for student participation, community engagement, and the development of social responsibility. Guided by the motto “Not Me, But You,” the unit seeks to instill among its volunteers a strong ethic of selfless service and a collective sense of accountability towards society.

The unit undertakes a diverse range of activities aimed at addressing pressing social concerns. These include cleanliness drives, awareness rallies, donation campaigns, and community outreach programmes that enable direct engagement with local communities. Initiatives focusing on menstrual hygiene, mental health awareness, voter education, and substance abuse prevention reflect a conscious effort to respond to contemporary issues in a meaningful and context-sensitive manner.

A defining feature of the NSS unit at Kamala Nehru College is its emphasis on continuity and sustained involvement rather than sporadic participation. Volunteers are encouraged to contribute regularly, thereby developing a deeper connection with the causes they support. Through such experiences, the unit reinforces the understanding that service extends beyond formal requirements and represents an ongoing commitment to social betterment.

COMPILED REPORT 2025-2026

SEPTEMBER

VIKSIT BHARAT 19-09-2025

The National Service Scheme (NSS), Kamala Nehru College, participated in the national event “Viksit Bharat Ke Rang, Kala Ke Sang: Ek Vishv Record Banaane Ki Oar” held on 19th September 2025 at Kartavya Path, New Delhi. This initiative, conceptualized by the Hon’ble Prime Minister Shri Narendra Modi Ji, commemorates 75 years of India’s journey and encourages youth participation in realizing the vision of Viksit Bharat @2047. The primary objective of the event was to set a world record, while promoting unity, creativity, and civic engagement. Volunteers also had the opportunity to interact with dignitaries, leaders, and artists, gaining exposure to a national-level event and its organizational processes. Prior to the event, volunteers confirmed their participation through the official Google Form and updated their details in the NSS spreadsheet, facilitating effective coordination. The event commenced at 9:00 AM and continued with activities reflecting India’s cultural heritage and the collective spirit of its youth. The participation of NSS volunteers not only enhanced their sense of social responsibility but also provided an opportunity to contribute to a historic national initiative. The event successfully showcased the dedication, unity, and commitment of the youth towards the vision of a developed and inclusive India.



Attendance:

1. Pariksha
2. Jahanvi
3. Niharika

4. Manya
5. Snigdha
6. Sneha
7. Sheetal
8. Aditi
9. Pakshalika
10. Vaishnavi Garg
11. Shayna akhtar
12. Anvita mahajan
13. Anshi
14. Al shifa
15. Tamanna
16. Shubhansha
17. Yukta
18. Saumya
19. Turvi
20. Ritika
21. Shivnandana
22. Padma Priya
23. Nikita
24. Deepika
25. Swati
26. Monu
27. Vaishnavi
28. Sanchi
29. Kritika
30. Nandani
31. Shikha
32. Ayushi
33. Aarna
34. Anwadha
35. Chelsea
36. Monakashi
37. Shivangi
38. Divya
39. Kusum
40. Anukrati
41. Sneha
42. Ridhima
43. Sanchi jain
44. Adeeba

UNMUKTA FOUNDATION SESSION 24-09-2025

PROJECT SWASTHA SANKALP

The National Service Scheme (NSS) unit of Kamala Nehru College, University of Delhi, in collaboration with UNMUKT Foundation, organized a virtual awareness session on 24 September 2025 on the theme “Myth vs. Reality – Busting Common Misconceptions about Cancer.” The session aimed to spread awareness and address common myths and misunderstandings related to cancer among students. The session was graced by Dr. Seema Singh, Surgical Oncologist and Founder of Astitva Foundation, as the esteemed Guest Speaker. She shared valuable insights on cancer awareness, early detection, prevention, and the importance of breaking societal misconceptions associated with the disease. Her informative and engaging session helped participants gain a clearer understanding of the realities of cancer and the significance of timely medical intervention. The interactive nature of the session encouraged participants to ask questions and engage in meaningful discussion. The initiative proved to be highly informative and impactful, promoting health awareness and responsible attitudes towards serious health issues. The session successfully aligned with the objectives of NSS by fostering awareness, social responsibility, and informed participation among volunteers in addressing important public health concerns.



**NATIONAL SERVICE SCHEME
KAMALA NEHRU COLLEGE**
In Collaboration With
UNMUKT FOUNDATION
Organizes a webinar on

**“Myth vs. Reality-Busting common
misconceptions about cancer”**

Sep 24, 2025
4 P.M ONWARDS

WITH
Dr. Seema Singh
Surgical Oncologist
Founder
(Astitva Foundation)

PRINCIPAL **NSS PROGRAM COORDINATOR**
Prof. (Dr.) Pavitra Bhardwaj Dr. Sona Mandal

Attendance:

1. Adeeba
2. Alshifa
3. Anshi
4. Anvita
5. Dhanya
6. Jahanvi

7. Kirti
8. Kusum
9. Manya
10. Sneha
11. Vanya
12. Anchal
13. Ayushi
14. Deppika
15. Divyanshi
16. Himika
17. Ipshita
18. Khushboo
19. Megha
20. Monakashi
21. Monu
22. Muskan
23. Pakshalika
24. Palak
25. Pallavi
26. Parisha
27. Riya
28. Ritika
29. Sanchi jain
30. Sanchi
31. Saumya
32. Shonali
33. Shruti Pathak
34. Shruti tapaswi
35. Snigdha
36. Shubhasha
37. Swati
38. Twinkle
39. Vaishnavi

POSTER MAKING

24-09-2025

The National Service Scheme (NSS) unit of Kamala Nehru College organized a Poster Making Activity at Chaupal. The activity, conducted under the theme “Not Me But You,” was designed to foster creativity, encourage individual and collective expression, and celebrate the core NSS motto of selfless service. Beyond promoting artistic skills, the activity served as a platform to reinforce the ideals of the NSS, inspiring participants to reflect on the importance of community service and altruism in everyday life. The diverse ideas and designs presented by the volunteers demonstrated both creativity and a deep understanding of the NSS ethos.

Overall, the Poster Making Activity successfully combined creativity with awareness, strengthening the volunteers' connection to the NSS philosophy while promoting a sense of collaboration and shared purpose among all attendees.



Attendance :

1. Anushka bhanja
2. Shayna akhtar
3. Manya Khanna
4. Vanya jain
5. Niharika
6. Al shifa
7. Arijita
8. Jahanvi
9. Anshi

OCTOBER

DIYA AND LANTERN MAKING

10-10-2025

The National Service Scheme (NSS) unit of Kamala Nehru College organized a Diya and Lantern Making Competition on 10th October 2025 at Chaupal to mark the celebration of Diwali, the festival of lights. The event aimed to promote creativity, unity, and cultural expression among volunteers while encouraging them to experience the joy of collective celebration. The activity served as a platform for students to express their imagination through color and design, transforming the venue into a space filled with vibrancy and festive spirit.

The competition also sought to convey the deeper essence of Diwali, the triumph of light over darkness and the spirit of togetherness. Through their creations, volunteers reflected the values of positivity, cooperation, and cultural awareness that forms the foundation of the NSS. The event concluded successfully, leaving behind a memorable experience for all participants and a visually delightful display of handcrafted diyas and lanterns.



Attendance :

1. Anushka bhaja
2. Parisha
3. Shayna

4. Anukrati Jain
5. Anuradha Mishra
6. Ipshita
7. Monakashi Hazarika
8. Riya
9. Aarna jawa
10. yukta
11. Kirti shankar
12. Pallavi Jadaun
13. Twinkle
14. Turvi Chokhani
15. Deepika
16. Sanchi
17. Pakshalika Chaurasia
18. Niharika
19. Anshi
20. Manya Khanna
21. Al-Shifa
22. Megha
23. Tanisha
24. Ananya
25. Vanya jain
26. Jahanvi Napalchyal

FAREWELL

11-10-2025

The National Service Scheme (NSS), Kamala Nehru College, organized a heartfelt Farewell Ceremony as a team building activity, to bid goodbye to its outgoing batch of volunteers. The event aimed to celebrate the seniors' remarkable journey, their contributions to NSS, and the legacy they leave behind.

The celebration began with a warm welcome address by expressing gratitude for the seniors' dedication and active participation throughout their tenure. This was followed by a series of cultural performances, including dance, music, and heartfelt speeches, reflecting the essence of unity and service that defines NSS. The highlight of the event was the felicitation ceremony, where seniors were appreciated for their commitment, leadership, and enthusiasm. The vibrant decor, enthusiastic participation, and emotional moments made the event truly memorable. The juniors expressed their affection through tokens of appreciation. The farewell concluded with a collective photo session, marking the end of a beautiful chapter filled with learning, teamwork, and lifelong memories.



Attendance :

1. Adeeba
2. Monu
3. Anukrati Jain
4. Anuradha Mishra
5. Riddhima tiwari
6. Sanchi jain
7. Shruti tapaswi
8. Turvi chokhani
9. Pallavi jadaun
10. Shivangi Saini
11. Monakashi
12. Arijita Baruah
13. Parisha
14. Anchal
15. Niharika
16. Jahanvi
17. Sneha

ANTI CRACKER RALLY

15-10-2025

PROJECT GREEN INITIATIVE

The Green Beans Society (GBS) in collaboration with the National Service Scheme (NSS) on October 15th, 2025 successfully organized an Anti-Cracker Rally. Held during the festive atmosphere of the annual Diwali Mela, the initiative aimed to sensitize the students and the staff about the environmental health hazards associated with firecrackers, promoting a “Green Diwali” instead.

On the occasion of Diwali Mela, the rally saw an impressive turnout of NSS volunteers who with full enthusiasm carried their handmade posters and banners emblazoned with slogans like: “Patakhon ka Shor, Bimari ki or” and “Clean Diwali, Green Diwali” highlighting the detrimental effects of air and noise pollution. By focusing on the health risks posed by toxic fumes and the distress caused to animals and elderly, the volunteers successfully fostered a dialogue showcasing the importance of celebrating responsibly without compromising the environment. The event was concluded with a collective pledge taken by all the participants and volunteers to uphold the spirit of a “Green Diwali.” The synergy between the Green Beans Society and the NSS unit not only amplified the reach of the campaign but also reinforced the college’s commitment to ensure community development and togetherness.



Attendance:

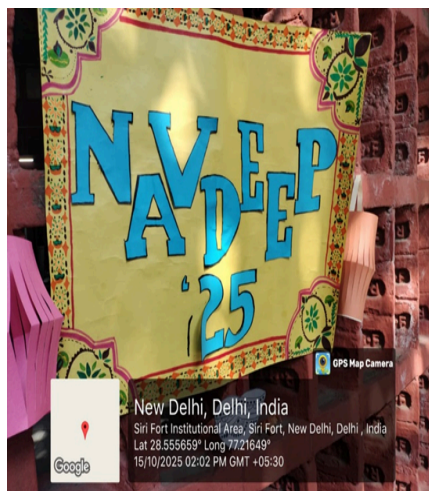
1. Adeeba Ghazali
2. Al Shifa
3. Anshi Dwivedi
4. Anushka Bhanja
5. Anvita Mahajan

6. Arijita Baruah
7. Jahanvi Napalchyal
8. Kirti Shankar
9. Manya Khanna
10. Niharika Singh
11. Sheetal Singh
12. Vanya Jain
13. Aditi Bisht
14. Ananya Kashyap
15. Anuradha Misra
16. Deepika Pundir
17. Nitika
18. Ragini Gaurav
19. Sanchi Jain
20. Shruti Pathak
21. Shruti Tapaswi
22. Snigdha Singh
23. Turvi Chokhani

DIWALI MELA

15-10-2025

The NSS unit participated actively in the Diwali Mela (Navdeep'25) held on 15th October 2025 at Kamala Nehru College Campus from 9:30 a.m. onwards. On this occasion, the NSS team set up a stall to make the celebration more enjoyable and interactive for students. Various fun games such as Stroop Challenge, Ping Pong Toss, and Whisper Challenge were organized to encourage participation and create a cheerful festive atmosphere on the campus. Students visited the stall with great excitement and took part in the activities along with their friends. The stall received a very positive response, and winners were given small goodies as prizes, which made the event more engaging and lively. The Diwali Mela brought joy, enthusiasm, and togetherness among students, and the NSS volunteers managed the stall with great teamwork and dedication. Overall, the event was successful and helped in spreading the festive spirit of Diwali along with the message of unity, happiness, and active participation.



Attendance:

1. Adeeba Ghazali
2. Al Shifa
3. Anshi Dwiwedi
4. Anvita Sachin Mahajan
5. Dhaanya Singh
6. Jahanvi Napalchyal
7. Kirti Shankar
8. Kusum Yadav
9. Manya Khanna
10. Niharika Singh
11. Shayna Akhtar
12. Vanya Jain
13. Anchal
14. Ananya Kashyap

15. Anukrati Jain
16. Anuradha Misra
17. Anuradha Mishra
18. Deepika Pundir
19. Divyanshi
20. Megha Shyam
21. Monu
22. Navya Sharma
23. Pakshalika
24. Palak Sharma
25. Pragati Goswami
26. Sanchi Pandoh
27. Shonali Garg
28. Shruti Pathak
29. Shruti Tapaswi
30. Sivanadana S.
31. Srishti Kashyap
32. Turvi Chokhani
33. Twinkle

CLEANLINESS DRIVE

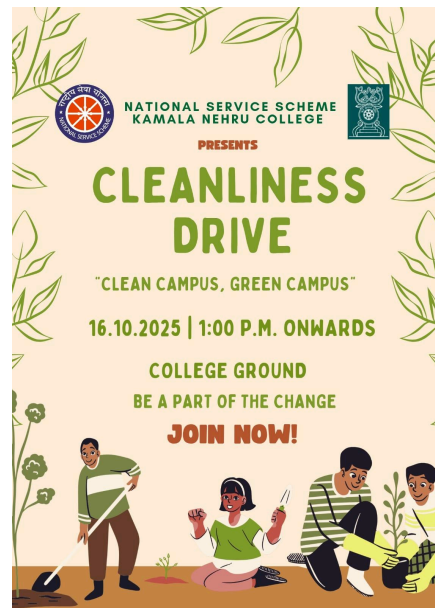
16-10-2025

PROJECT CLEAN CAMPUS, GREEN CAMPUS

The National Service Scheme (NSS) unit of Kamala Nehru College organized a campus-wide cleanliness drive titled "Clean Campus, Green Campus" on October 16, 2025. The event commenced at 1:00 P.M. at the college ground, drawing a significant number of student volunteers. The primary objective was to foster environmental consciousness and encourage the student body to take active responsibility for their shared academic spaces under the motto, "Be a Part of the Change."

During the drive, volunteers worked collaboratively to clear the college grounds of litter, focusing on the removal of plastic waste and non-biodegradable materials. Equipped with cleaning tools, participants systematically covered the campus area, ensuring that waste was properly segregated and disposed of. This hands-on activity served as a practical lesson in civic duty, emphasizing the importance of maintaining a hygienic and sustainable "Green Campus" for everyone.

The initiative concluded successfully, leaving the college premises noticeably cleaner and more vibrant. By mobilizing the youth for this cause, the NSS successfully instilled a sense of pride and community ownership among the participants. The event highlighted Kamala Nehru College's ongoing commitment to environmental stewardship and set a positive precedent for future sustainability efforts within the institution.



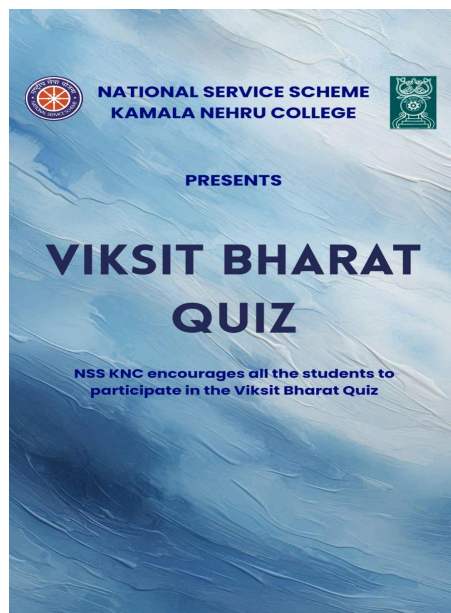
Attendance :

1. Al shifa
2. Anushka
3. Anvita
4. Manya khanna
5. Vanya Jain
6. Ipshita
7. Deepika pundir
8. Pallavi
9. Pragati Goswami
10. Shonali
11. Snigdha
12. Vandana Singh

VIKSIT BHARAT QUIZ

26-10-2025

The National Service Scheme (NSS) unit of Kamala Nehru College, University of Delhi, actively participated in the Viksit Bharat Quiz, a national-level initiative launched by the Government of India on 26th of October 2025. The quiz aims to engage and inspire young Indians to contribute meaningfully towards the nation's vision of becoming a Viksit Bharat @2047. All students were encouraged to participate under the "NSS Youth" category. The activity provided participants with an opportunity to enhance their awareness about India's developmental goals and national vision. Upon completion, each participant received a Government of India-recognized certificate, acknowledging their contribution and participation. Students were instructed to upload their completion certificate screenshots to a shared drive and fill out a Google Form to confirm participation. This one week initiative not only fostered a sense of national pride and responsibility but also emphasized the role of youth in building a strong, progressive, and united India.



Attendance :

1. Adeeba
2. Anushka
3. Anvita
4. Arjita
5. Jahanvi
6. Kusum
7. Manya
8. Niharika
9. Shayna
10. Sheetal
11. Sneha

12. Aarna
13. Aayushi
14. Aditi
15. Ananya
16. Anukrati
17. Anuradha misra
18. Anuradha mishra
19. Deepika
20. Divyanshi
21. Himika
22. Ipshita
23. Kritika
24. Lavanya
25. Monakashi
26. Monu
27. Navya
28. Niharika Chauhan
29. Nikita
30. Padmapriya
31. Pakshalika
32. Palak
33. Pariksha
34. Parisha
35. Riya
36. Ruqaiya
37. Sanchi jain
38. Sanchi pandoh
39. Sanya
40. Shonali
41. Shruti
42. Shubhansha
43. Swati
44. Tanisha
45. Turvi
46. Twinkle
47. Vandna

SARDAR @ 150 CAMPAIGN

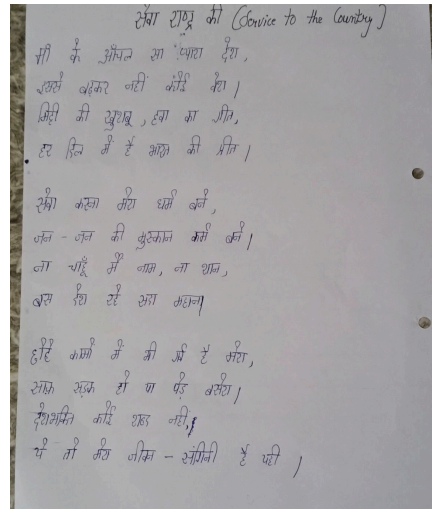
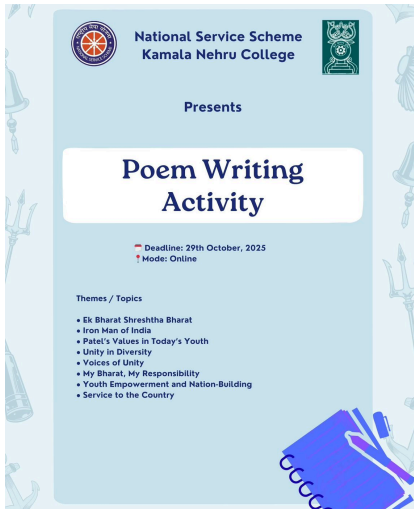
POEM WRITING CONTEST

28-10-2025

The Poem Writing Contest, held on 29th October 2025 invited students to honor Sardar Vallabhbhai Patel's life and ideals through the beauty of words and rhythm. Participants composed original poems on themes such as Voices of Unity, My Bharat, My Responsibility, and Service to the Country, blending emotion, imagination, and patriotism. Through their verses, students expressed heartfelt admiration for the Iron Man of India and reflected on how his values continue to inspire the youth of today. The poems beautifully captured the spirit of unity, diversity, and collective strength that Patel envisioned. This not only showcased literary talent but also encouraged introspection on the importance of unity, discipline, and selfless service in shaping a stronger nation.

Attendance :

1. Ananya kashyap
2. Kusum
3. Ipshita
4. Sheetal
5. Ruqaiya
6. Snigdha
7. Vandana Singh
8. Deepika
9. Anuradha misra
10. Aayushi jain
11. Sanya

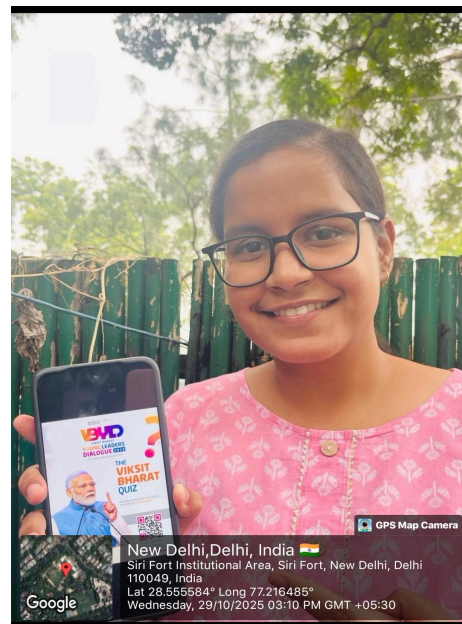


VIKSIT BHARAT QUIZ CAMPAIGN

29-10-2025

The National Service Scheme (NSS), Kamala Nehru College, participated in the national event “Viksit Bharat Quiz” held from 13th September to 31st October 2025. This national-level government initiative aims to inspire young Indians to actively participate in India’s journey towards becoming a Viksit Bharat @2047 for the nation’s development.

The primary objective of the quiz was to enhance civic consciousness, encourage informed participation, and foster a sense of responsibility among students towards the country’s social, economic, and political progress. The quiz served as an interactive platform to disseminate knowledge about government initiatives, sustainable development, innovation, and inclusive growth. Participation in the quiz was facilitated through an online mode, ensuring accessibility and wide outreach. NSS volunteers actively promoted the quiz among students and guided participants regarding registration. Responses were collected systematically, reflecting enthusiastic participation from the student community.



Attendance :

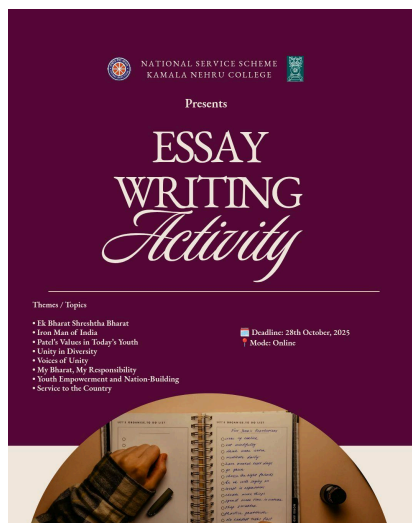
Adeeba Ghazali
Anshi Dwivedi
Manya Khanna
Vanya Jain
Anshu Tiwari
Anukrati Jain
Anuradha Misra
Anuradha Mishra
Nandini Bisht

Nikita
Padmapriya
Sanchi Jain
Shikha Pandey
Twinkle

ESSAY WRITING CONTEST

29-10-2025

As part of the Sardar @150 Campaign commemorating the birth anniversary of Sardar Vallabhbhai Patel, the National Service Scheme (NSS) unit of Kamala Nehru College organized an Essay Writing Contest on 29th of October 2025 to encourage thoughtful reflection on the Iron Man of India's enduring ideals. The competition aimed to inspire students to articulate their perspectives on unity, leadership, and nation-building—values that Sardar Patel stood for throughout his life. Participants were invited to write on diverse themes such as: Ek Bharat Shreshtha Bharat, Iron Man of India, Patel's Values in Today's Youth, Unity in Diversity, Voices of Unity, My Bharat, My Responsibility, Youth Empowerment and Nation-Building and Service to the Country. Through their essays, students analyzed the relevance of Sardar Patel's vision in contemporary India and explored how the spirit of unity and responsibility can guide the nation towards progress and harmony. The event not only honed participants' analytical and writing abilities but also deepened their understanding of India's socio-political evolution and the power of collective action. It served as a reminder that the essence of true nation building lies in integrity, inclusivity, and service to society—principles championed by Sardar Vallabhbhai Patel.



Essay Writing

Topic: "Youth Empowerment and Nation-Building"

The youth are the backbone of any nation. They possess immense energy, creativity, and determination to bring positive change in society. A country's future depends on how well its young generation is educated, motivated, and empowered to take responsibility for nation-building.

Youth empowerment means giving young people the right opportunities, education, and platforms to express their ideas and take active roles in social and economic development. Empowered youth can contribute to various fields from science and technology to governance and community service. They bring innovation, break stereotypes, and lead movements that shape the nation's destiny.

In India, with more than 60% of its population below the age of 35, the potential of youth is enormous. Through programs like Skill India, Digital India, and Start-up India, the government aims to enhance their capabilities and encourage entrepreneurship. However, empowerment also comes from within when young individuals believe in themselves, act responsibly, and work with honesty and dedication.

The youth must also imbibe values such as discipline, unity, and service. They should raise their voices against injustice and strive for equality and development. By participating in social initiatives, volunteering, and respecting diversity, they can transform India into a more inclusive and progressive nation.

In conclusion, empowered youth are the torchbearers of a strong and self-reliant India. Their energy, combined with purpose and integrity, can make our nation truly "Ek Bharat Shreshtha Bharat".

Attendance :

Ananya kashyap

Kusum

Ipshita

Sheetal

Shonali

Snigdha

Vandana Singh

POSTER MAKING COMPETITION

30-10-2025

As part of the Sardar @150 Campaign commemorating the birth anniversary of Sardar Vallabhbhai Patel, the National Service Scheme (NSS) unit of Kamala Nehru College organized a Poster Making Contest to celebrate the values of unity, integrity, and nation-building. The competition invited students to visually depict Patel's ideals and India's collective strength through creative and meaningful artwork. using colors and imagery to communicate powerful messages of patriotism and solidarity. Each poster reflected a unique perspective on Sardar Patel's vision of a united India and showcased the students' artistic interpretation of his enduring legacy.

The contest provided a vibrant platform for young artists to merge creativity with purpose, reminding everyone that visual expression can be a strong medium to promote national pride and social awareness. Through their art, the participants reaffirmed the spirit of togetherness and responsibility that continues to shape India's identity as a united and progressive nation.



Attendance :

1. Deepika
2. Snigdha
3. Sheetal

CLEANLINESS DRIVE AND NASHA MUKTI PLEDGE

30-10-2025

PROJECT CLEAN CAMPUS, GREEN CAMPUS PROJECT JAGRUKTA

A Nasha Mukht Pledge and Cleanliness Drive was organized on 30th October 2025 as part of the ongoing efforts to promote a healthy, responsible, and united society. The event aimed to create awareness about the harmful effects of substance abuse and the importance of maintaining cleanliness in our surroundings. The program began with the Nasha Mukht Pledge, where volunteers took a solemn vow to stay away from drugs and intoxicants and to encourage others to lead a drug-free life. The pledge emphasized that a strong and united nation is built upon the well-being and discipline of its citizens.

Following the pledge, a cleanliness drive was conducted across the campus and nearby areas. Volunteers enthusiastically cleaned college premises demonstrating the spirit of unity and teamwork. The drive highlighted that cleanliness is not just a personal responsibility but a collective effort that reflects our respect for the environment and community.

The event concluded with a message reinforcing that a Nasha Mukht (drug-free) and Cleanliness Drive are integral to building a strong, united, and progressive nation.





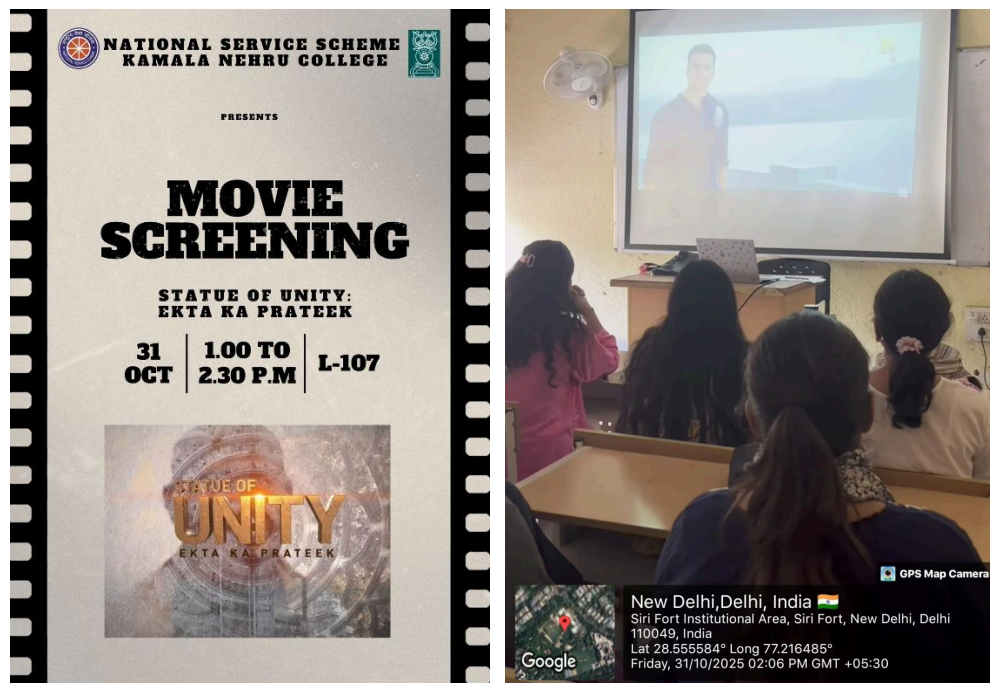
Attendance :

1. Arjita Baruah
2. Dhaanya Singh
3. Manya Khanna
4. Niharika Singh
5. Shayna akhtar
6. Sheetal singh
7. Vaishnavi Garg
8. Vanya jain
9. Ayushi
10. Aditi
11. Anukrati
12. Anuradha mishra
13. Monu
14. Pakshalika
15. Palak
16. Shikha
17. Snigdha

MOVIE SCREENING

31-10-2025

The National Service Scheme (NSS) unit of Kamala Nehru College, University of Delhi, organized a movie screening on 31 October 2025 on the occasion of National Unity Day (Ekta Diwas) to commemorate the birth anniversary of Sardar Vallabhbhai Patel, the Iron Man of India. The documentary titled “Statue of Unity: Ekta Ka Prateek” was screened with the objective of familiarizing students with the ideals of unity, leadership, and nation-building as envisioned by Sardar Vallabhbhai Patel. The screening witnessed enthusiastic participation from students. The documentary highlighted the significance of the Statue of Unity as a symbol of national integration and collective strength. It encouraged students to reflect upon the values of unity, integrity, and strong leadership in contemporary India. The movie screening successfully reinforced the spirit of “Ek Bharat, Shreshtha Bharat” and aligned with the objectives of NSS by promoting national unity, social awareness, and responsible citizenship among the youth.



Attendance :

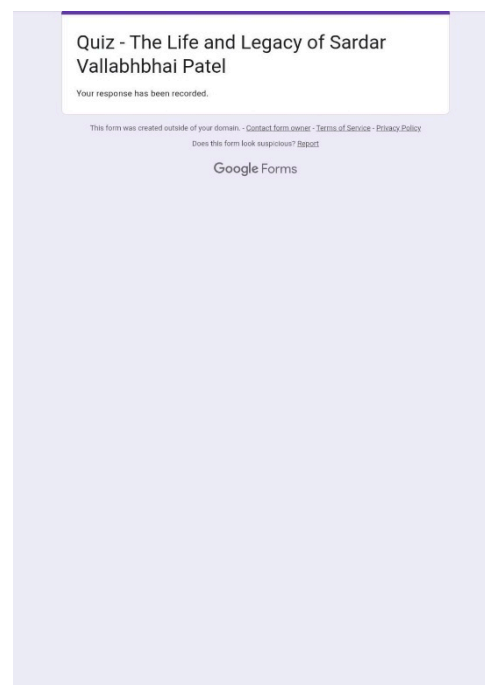
1. Anshi
2. Adeeba
3. Anushka
4. Anvita
5. Arjita
6. Niharika
7. Sheetal
8. Sneha

9. Anchal
10. Aayushi
11. Aditi
12. Ananya
13. Deepika
14. Padmapriya
15. Pragati
16. Ragini
17. Shruti
18. Snigdha
19. Vandana

SARDAR PATEL QUIZ

31-10-2025

The National Service Scheme (NSS) unit of Kamala Nehru College, University of Delhi, organized an online quiz activity on 31 October, on the occasion of National Unity Day (Ekta Diwas), to commemorate the birth anniversary of Sardar Vallabhbhai Patel, the Iron Man of India and the Architect of National Unity. The objective of the quiz was to spread awareness among students about the life, vision, and invaluable contributions of Sardar Patel towards the integration and unification of India. The quiz was conducted in online mode through a Google Form. Students were encouraged to actively participate in the activity. After completing the quiz, participants were instructed to upload a screenshot of their response to a shared Google Drive link as proof of participation. The activity witnessed enthusiastic participation and served as an engaging platform for students to reflect upon the values of unity, integrity, and leadership. The online quiz successfully reinforced the significance of National Unity Day and highlighted the role of youth in preserving national unity and social harmony. The initiative aligned with the core objectives of NSS by promoting national consciousness, civic responsibility, and awareness of India's rich leadership legacy.



Attendance :

1. Anushka Bhanja
2. Arjita Baruah
3. Jahanvi Nepalchayal
4. Sheetal Singh
5. Sneha
6. Aayushi jain

7. Aditi Bisht
8. Ananya Kashyap
9. Anuradha Misra
10. Divya Sharma
11. Khushboo Shekhawat
12. Nandini Bisht
13. Padmapriya Sharma
14. Parisha
15. Sanchi Jain
16. Sanchi Pandoh
17. Shonali Garg
18. Shruti Tapaswi
19. Vandana Singh

NOVEMBER

MENSTRUAL HYGIENE SESSION

08-11-2025

PROJECT SWASTHA SANKALP

The National Service Scheme (NSS), Kamala Nehru College, participated in a Menstrual Hygiene Session organized on 8th November 2025 by the Equal Opportunity Cell in collaboration with PwC. NSS KNC was invited to be a part of this initiative, aimed at promoting awareness and encouraging informed discussions around menstrual health and hygiene.

The primary objective of the event was to educate participants about menstruation, including important aspects such as menstrual health, hygiene practices, and conditions like PCOD/PCOS. The session also sought to break existing taboos and create a safe space for open dialogue. It featured an informative segment on periods, followed by an interactive question-and-answer session where participants addressed their doubts and shared personal experiences. To enhance engagement and reinforce learning, a quiz was conducted during the session, encouraging active participation from attendees. The inclusive and interactive environment helped normalize conversations around menstruation and fostered greater awareness among students. The session concluded with the distribution of menstrual hygiene kits, promoting accessibility and encouraging proper hygiene practices. The participation of NSS volunteers contributed to spreading awareness and strengthening the message of health, dignity, and well-being, aligning with NSS's commitment to community engagement and social responsibility.



Attendance:

1. Kusum Yadav
2. Vanya Jain
3. Ananya Kashyap
4. Anuradha Misra
5. Deepika Pundir
6. Pallavi Jadaun
7. Ruqaiya Khan
8. Turvi Chokhani
9. Twinkle

UNITY MARCH PADYATRA 09-11-2025

The National Service Scheme (NSS), Kamala Nehru College, successfully organised a Padyatra on 9th November 2025 to commemorate the legacy of Sardar Vallabhbhai Patel and to continue the observance of National Unity Day (Rashtriya Ekta Diwas). The initiative sought to honour the Iron Man of India, whose steadfast leadership and vision played an instrumental role in the political integration of the nation. Volunteers assembled at Savitri Barat Ghar, Bandh Road, Sangam Vihar, with reporting beginning at 7:45 a.m. Participants were briefed on the significance of the event, after which the Padyatra commenced. The event also underscored NSS's commitment to nurturing responsible citizenship among students. The Padyatra proved to be a meaningful and impactful initiative, reminding students of the enduring relevance of Sardar Vallabhbhai Patel's contributions.



Attendance :

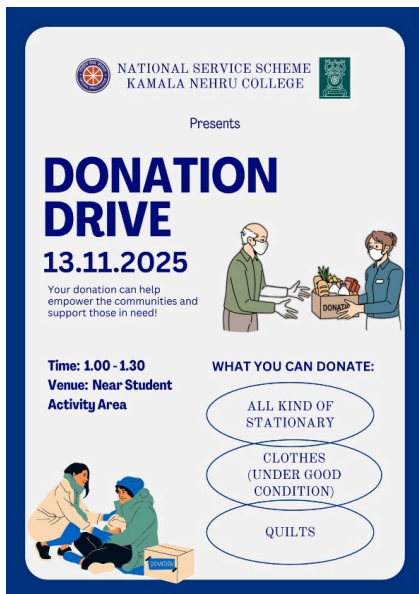
1. Manya Khanna
2. Jahanvi Napalchyal
3. Snigdha Singh
4. Adeeba Ghazali
5. Turvi Chokhani
6. Subhansha jaiswal
7. Aditi Bisht
8. Kirti shankar
9. Sneha
10. al shifa
11. Sheetal Singh
12. Aayushi jain
13. Anukrati Jain
14. vanya jain
15. Niharika Singh
16. Anuradha Mishra
17. Anuradha Misra
18. Anvita Mahajan
19. Ritika
20. Shikha Pandey
21. Parisha
22. Pakshalika
23. Kusum

DONATION DRIVE

13-11-2025

PROJECT UMEED

The National Service Scheme (NSS), Kamala Nehru College, organised a Donation Drive on 13th November 2025 to mark the occasion of World Kindness Day. The initiative aimed to promote compassion, generosity, and social responsibility among students, while extending meaningful support to individuals and communities in need. The drive was conducted from 1:00 PM to 1:30 PM near the Student Activity Area. Volunteers actively participated by donating essential items such as clothes (in good condition), stationery, books, and quilts/blankets. The contributions received reflected the collective commitment of the student community toward fostering kindness and empathy. The Donation Drive served as a reminder of the impact small acts of kindness can create when performed with sincerity and a spirit of service.



Attendance:

1. Snigdha
2. Alshifa
3. Pallavi
4. Anshi
5. Vanya
6. Sanchi
7. Vandna
8. Pragati
9. Anuradha
10. Niharika

11. Shruti
12. Khushbu
13. Monakashi
14. Anukrati Jain
15. Padma Priya Sharma
16. Jahanvi
17. Manya
18. Arijita
19. Adeeba
20. Anuradha mishra
21. Chelsia

MOOLCHAND CLEANLINESS DRIVE

19-11-2025

PROJECT SWACHTA HI SEVA

The National Service Scheme (NSS) unit of Kamala Nehru College took the inspiring initiative of organizing a cleanliness drive at Moolchand Metro Station in order to promote awareness regarding environmental hygiene and public health on 19th November, 2025. The drive featured a silent rally where every step taken by the volunteers were a step forward towards promoting the need to understand the importance of a clean, healthy environment and advocating for responsible civic behaviour. Parallel to this, a Mask Donation drive was also conducted by the volunteers where they distributed the masks among the public, especially to the rickshaw drivers and explaining the need of maintaining precautions. This fostered the value of community well being along with the promotion of the maintenance of a safe social environment.

This cleanliness drive conducted by the NSS volunteers combined sanitation efforts with health conscious outreach and also put forward a sense of social responsibility among the volunteers and the public and altogether promoted sustainable, healthy living habits.



Attendance:

1. Adeeba Ghazali
2. Al Shifa
3. Anshi Dwiwedi
4. Anushka Bhanja
5. Anvita Mahajan
6. Arijita Baruah

7. Jahanvi Napalchyal
8. Kirti Shankar
9. Manya Khanna
10. Niharika Singh
11. Shayna Akhtar
12. Sheetal Singh
13. Sneha
14. Anchal
15. Aditi Bisht
16. Anukrati Jain
17. Anuradha Misra
18. Anuradha Misra
19. Divya Sharma
20. Khushboo Shekhawat
21. Kritika Sharma
22. Megha Shyam
23. Monakshi Hazarika
24. Padmapriya Sharma
25. Pallavi Jadaun
26. Parisha
27. Pragati Goswami
28. Ragini Gaurav
29. Ruqaiya Khan
30. Sanchi Jain
31. Sanchi Pandoh
32. Shruti Pathak
33. Snehal Saxena
34. Snigdha Singh
35. Turvi Chokhani
36. Twinkle
37. Yukta Saika

DAY 1 OF CLEANLINESS CAMPAIGN 24-11-2025

PROJECT CLEAN CAMPUS, GREEN CAMPUS

The National Service Scheme (NSS) organized Day 1 of the Cleanliness Campaign on 24th November 2025 (Monday) at 1:00 p.m. in the college campus, with the aim of promoting cleanliness, hygiene, and responsible behaviour among students.

The campaign commenced at the college ground, where NSS volunteers gathered and were briefed about the objectives of the activity. An awareness rally was conducted within the campus to sensitize students about the importance of maintaining cleanliness in shared spaces. Volunteers actively interacted with students and encouraged them to adopt responsible waste disposal practices. As part of the campaign, posters carrying messages on cleanliness and hygiene were displayed in and around the canteen area, focusing on proper waste segregation, use of dustbins, and maintaining cleanliness in common areas. These posters served as a visual reminder to reinforce the message of a clean and healthy campus environment.

The programme witnessed enthusiastic participation from NSS volunteers, who worked collectively to spread awareness and set an example through their actions. The initiative successfully conveyed the message of cleanliness and responsibility, contributing to a positive and conscious campus atmosphere.



Attendance:

1. Adeeba Ghazali
2. Al shifa
3. Anshi Dwivedi
4. Anvita sachin Mahajan
5. Jahanvi napalchyal
6. Kusum yadav
7. Manya khanna
8. Niharika Singh
9. Shayna Akhtar
10. Sheetal Singh
11. Sneha
12. Anchal
13. Aditi Bisht
14. Deepika Pundir
15. Ipshita
16. Khushboo shekhawat
17. Padamapriya Sharma
18. Pakshalika chaurasia
19. Palak Sharma
20. Ruqaiya Khan
21. Sanchi Pandoh
22. Shikha pandey
23. Shonali Garg
24. Shruti Pathak
25. Shruti Tapaswi
26. Snighdha Singh
27. Turvi Chokhani
28. Twinkle
29. Palak pulani

DAY 2 OF CLEANLINESS CAMPAIGN 25-11-2025

PROJECT CLEAN CAMPUS, GREEN CAMPUS

The National Service Scheme (NSS) Unit organised Day 2 of the Cleanliness Campaign on 25th November 2025 across the college campus. The activity was conducted with the objective of promoting cleanliness, hygiene, and responsible behaviour among students. NSS volunteers actively participated in a campus-wide cleanliness drive, during which different areas of the campus were assigned and cleaned systematically. The volunteers ensured proper collection and disposal of waste, contributing to the maintenance of a clean and healthy campus environment. Alongside the cleanliness drive, volunteers engaged in personal campaigning by interacting with students on campus. Through direct conversations, they encouraged students to take responsibility for shared spaces and adopt mindful practices related to cleanliness and waste management.

The activity witnessed enthusiastic participation from the volunteers, reflecting a strong spirit of teamwork and social responsibility. The initiative helped reinforce awareness about the importance of maintaining cleanliness in everyday campus life. The successful conduct of Day 2 of the Cleanliness Campaign strengthened the values of civic sense, discipline, and community service among students, in line with the objectives of the National Service Scheme.



Attendance:

1. Adeeba Ghazali
2. Anshi Dwivedi
3. Jahanvi napalchyal
4. Manya khann
5. Sheetal Singh
6. Ananya Kashyap
7. Anukrati Jain
8. Anuradha Mishra
9. Khushboo shekhawat
10. Padamapriya Sharma
11. Pakshalika chaurasia
12. Ruqaiya Khan
13. Snigdhha Singh
14. Snighdha Singh
15. Turvi Chokhani
16. Palak pulani

DAY 3 OF CLEANLINESS CAMPAIGN 26-11-2025

PROJECT CLEAN CAMPUS, GREEN CAMPUS

The NSS Unit of Kamala Nehru College conducted an awareness session on responsible waste disposal, menstrual hygiene, and clean washroom practices on Wednesday, 26th November, from 1:00 p.m. to 1:30 p.m. near the college emblem. The session aimed to promote hygienic habits, proper waste management, and a sense of responsibility among students towards maintaining a clean campus environment. NSS volunteers highlighted the importance of waste segregation, safe disposal methods, and maintaining personal as well as public hygiene. Students were also sensitized about menstrual hygiene and the need to ensure cleanliness in shared washroom spaces.

The session encouraged active participation, with volunteers sharing practical tips for adopting sustainable practices in daily life. Overall, the session was informative and impactful, motivating students to contribute towards a cleaner, healthier, and more responsible campus community.



Attendance:

1. Niharika Singh
2. Shayna Akhtar
3. Sneha
4. Vaishnavi Garg
5. Pallavi Jadaun
6. Pragati Goswami
7. Shruti Pathak
8. Turvi Chokhani
9. Palak Pulani

CONSTITUTION DAY 26-11-2025

The National Service Scheme (NSS) Unit of Kamala Nehru College organised Constitution Day on 26th November with the aim of promoting constitutional awareness and encouraging critical engagement with democratic values. The programme began with a collective reading of the Preamble to the Constitution of India, followed by a short film screening on the making and significance of the Indian Constitution. A Debate Competition was also organized on the topic "Does the Constitution do enough to protect the rights of women and marginalized communities?" The debate provided a platform for students to critically examine constitutional provisions, discuss their strengths and limitations, and engage in meaningful dialogue on issues of equity, justice, and social rights. Participants presented diverse perspectives, making the discussion insightful and thought-provoking.

The programme concluded with a Constitutional Pledge, where students pledged to uphold the values and principles enshrined in the Constitution and perform their duties as responsible citizens. The Constitution Day activities witnessed enthusiastic participation from students and successfully fulfilled the objective of fostering constitutional literacy, critical thinking, and civic responsibility within the college community.



Attendance

1. Manya Khanna
2. Al Shifa
3. Arijita Baruah
4. Pragati Goswami
5. Vaishnavi Garg
6. Shruti Pathak
7. Pakahalika Chaurasia
8. Sneha
9. Padma Priya
10. Anukrati Jain
11. Turvi Chokhani
12. Navya
13. Jahanvi
14. Shiksha
15. Anuradha
16. Shruti
17. Niharika Singh
18. Palak
19. Adeeba

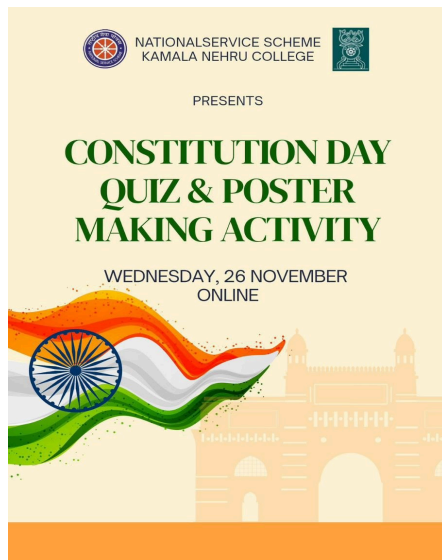
CONSTITUTION DAY QUIZ AND POSTER COMPETITION

26-11-2025

As part of the Constitution Day celebrations, the National Service Scheme (NSS) organized an Online Quiz and Poster Making Activity on 26th November to spread awareness about constitutional values and encourage creativity among students. The activity was conducted in online mode, and participants were given the opportunity to take part in both the quiz and poster making, with one hour allotted for each activity.

The quiz was conducted through the My Bharat portal, and volunteers were asked to share the link with classmates to ensure maximum participation. The activity helped students to revisit the principles of the Constitution and understand the importance of rights, duties, and democratic values.

The poster making activity allowed students to express their ideas creatively and reflect on the significance of Constitution Day. NSS volunteers actively promoted the event and motivated others to participate. Overall, the program was successful in creating awareness and encouraging students to connect with the ideals that guide our nation.



ATTENDANCE

1. Anvita Sachin Mahajan
2. Sheetal Singh
3. Sneha
4. Aayushi Jain
5. Aditi Bisht
6. Shikha Pandey
7. Snigdha Singh

DECEMBER

HUMAN RIGHTS ESSAY

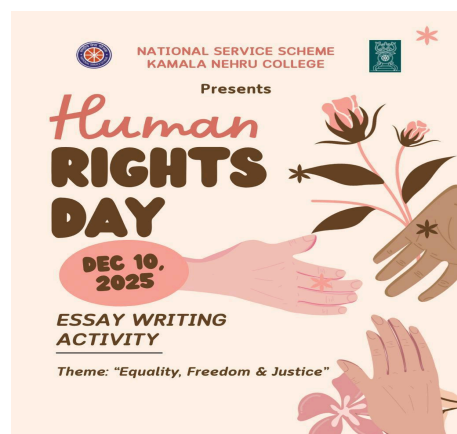
11-12-2025

As Human Rights Day is celebrated annually on 10th December as this date was commemorates the United Nations General Assembly 's adoption of the Universal Declaration of Human Rights (UDHR) in 1948, the NSS unit of Kamala Nehru College organised an Essay Writing Activity to develop awareness among students about the Core human values of Equality, Freedom and Justice. This activity aimed to encourage critical thinking and provide a platform for volunteers to express their perspectives on human rights issues.

The theme of this essay writing activity was 'Equality, Freedom and Justice '. The deadline for submission was 11 December at 11:59pm, and the essays were submitted online through a Google Drive link provided by the organizing team. Students actively participated in the activity and shared thoughtful insights on social equality, individual freedoms, and the importance of justice in a democratic society. The essays reflected awareness of contemporary human rights challenges, constitutional values, and the role of youth in promoting social change. The activity successfully created awareness among students about human rights. Overall, this activity was meaningful and impactful, witnessing enthusiastic participation from NSS volunteers.

Attendance

1. Aditi Bist
2. Ananya Kashyap
3. Adeeba Ghazali
4. Anvita Mahajan
5. Arijita Baruah
6. Divya Sharma
7. Ipshita
8. Palak Pulani
8. Sheetal Singh
9. Shonali



Equality, Freedom & Justice

Human Rights Day reminds us of the core principles that shape humane and responsible societies: equality, freedom and justice. These three values are not abstract ideas but essential rights that protect the dignity of every individual. They guide how we interact with one another and how institutions are expected to function for the wellbeing of all. The theme "Equality, Freedom & Justice" urges us to reflect not only on what these values mean in theory but also on how they influence everyday life and social progress.

Equality is the foundation of human rights. It declares that every person matters and deserves fair treatment regardless of gender, caste, class, economic status, religion or identity. Equality is often misunderstood as sameness, but its true meaning lies in fairness. It means creating conditions where everyone can access opportunities that help them grow and contribute to society. Across the world, discrimination remains a major obstacle that prevents individuals from living with dignity. Unequal access to education, healthcare and employment continues to divide communities. To achieve meaningful equality, societies must remove structural barriers and ensure that every person receives respect and opportunity without prejudice. When equality becomes a lived reality, it builds an atmosphere of trust, empathy and collective progress.

Freedom gives individuals the ability to express their thoughts, make choices and build their lives according to their values. It includes the right to speak, to question, to pursue knowledge and to live without fear. Freedom nurtures creativity and encourages people to challenge injustice and outdated traditions. However, true freedom cannot exist without safety. It requires environments where individuals are protected from violence, censorship and discrimination. Many people still experience limitations on their freedom due to social pressures or oppressive systems. Therefore, freedom must be accompanied by responsibility. It demands that we use our voices not to harm others but to promote respect and understanding. When freedom is upheld for everyone, society becomes more open and inclusive.

Justice ensures that equality and freedom are not empty promises. It is the system that protects rights, resolves conflicts and corrects wrongs. Justice is often associated with courts, but it is also present in daily interactions and institutional practices. A just society does not ignore the suffering of the vulnerable or allow discrimination to go unchallenged. It ensures that laws are applied fairly and that everyone has access to protection and redress. Delayed justice or selective justice weakens public trust and widens social inequalities. For justice to be meaningful, it must be transparent, timely and impartial. Only then can people feel secure in the knowledge that fairness will prevail.

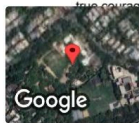
VEER BAL DIWAS

27-12-2025

In order to honor the unparalleled bravery of the Sahibzade, the National Service Scheme (NSS) unit of Kamala Nehru College organized a reflective writing activity titled "From Then to Now: Courage Across Time." The event emphasized on remembering the martyrdom of the four sons of Guru Gobind Singh Ji, particularly the younger Sahibzade: Zorawar Singh Ji and Fateh Singh Ji, both the courageous sons of the land who chose faith over fear when faced with Mughal tyranny. The activity invited the volunteers of the National Service Scheme to bridge the gap between historical valor and contemporary life. This activity marked the day's importance and successfully encouraged students to internalize these historical lessons, remember the true young heroes who gave up on their breath as a symbol of duty and courage to the motherland, ensuring that the spirit of sacrifice continues to guide our everyday actions.

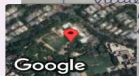
In conclusion, the activity provided a meaningful platform for volunteers to bridge the gap between historical sacrifice of the two brave sons: "Sahibzade" for the security of keeping the true values intact. By reflecting on the indomitable spirit of the Sahibzade, the students were able to view the and foster among themselves the values like faith and moral strength to tackle the challenges in the most crucial times. This initiative not only honored an important, glorious yet sorrowful chapter of history but also reinforced the commitment of youth to lead with courage, chivalry and integrity.

A profound historical value shown by the Sahibzade is steadfastness, the ability to remain firm in one's beliefs even when faced with unbearable consequences. Their decision to not surrender their faith, despite knowing the outcome, reflects inner strength beyond physical courage. In today's world, this value is visible in people who stand by ethical practices in competitive environments, such as professionals who refuse to engage in bribery or falsify records even when it could cost them promotions or jobs. Such choices demand moral strength and long-term vision. For me, the Sahibzade's steadfastness changes my understanding of courage by showing that bravery is not always about dramatic action, but about consistency in values. It encourages me to stay honest and principled in everyday situations, especially when taking shortcuts seems easier. Their sacrifice teaches me that true courage lies in staying true to oneself, regardless of pressure or consequences.



New Delhi, Delhi, India
Siri Fort Institutional Area, Siri Fort, New Delhi, Delhi
110049, India
Lat 28.555584° Long 77.216485°
Saturday, 27/12/2025 03:27 PM GMT +05:30

NSS
Date / Page No.
Date / Page No.
Veer Bal Diwas
The Sahibzade exemplified unwavering courage in the face of brutal persecution, choosing to uphold their faith and truth even at the cost of their young lives, a testament to moral strength that echoes through history. Today, this same courage shines in activists like Malala Yousafzai, who survived a Taliban assassination, attempt to champion girl's education, defying fear to fight for justice and equality worldwide. Reflecting on their stories, I realize courage isn't the absence of fear but resolve to act rightly despite it; as a B.com student aspiring toward Chartered Accountancy, it inspires me to confront academic pressures and ethical dilemmas in business with integrity, reminding me that these values truly guide everyday.



New Delhi, Delhi, India
Siri Fort Institutional Area, Siri Fort, New Delhi, Delhi
110049, India
Lat 28.555584° Long 77.216485°
Saturday, 27/12/2025 03:25 PM GMT +05:30



Attendance:

1. Arijita Baruah
2. Sheetal Singh
3. Sneha
4. Aayushi Jain
5. Anvita Mahajan
6. Anuradha Misra
7. Astha Singh
8. Padmapriya Sharma
9. Pragati Goswami
10. Riya Jandial
11. Ruqaiya Khan
12. Shonali Garg
13. Shruti Pathak
14. Snigdha Singh
15. Tanisha Jain
16. Turvi Chokhani
17. Vandana Singh

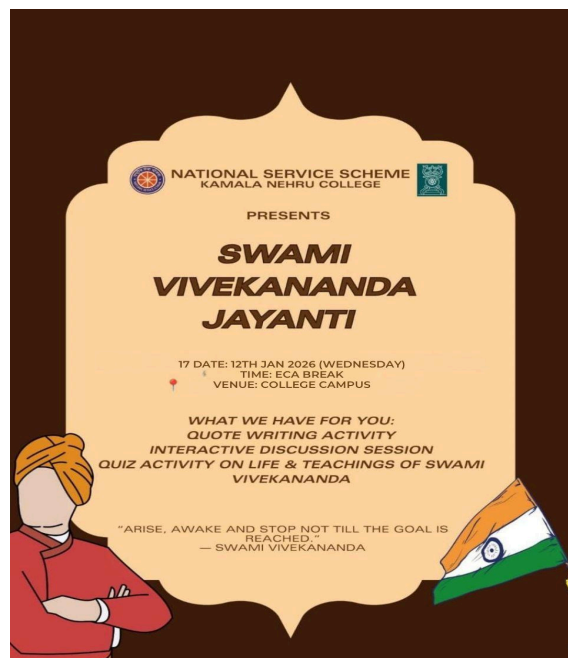
JANUARY

SWAMI VIVEKANANDA DISCUSSION

12-1-2026

The NSS Unit of Kamala Nehru College organized a commemorative event on January 12, 2026, to celebrate the birth anniversary of Swami Vivekananda. The program aimed to engage students with his profound teachings and philosophy through reflective and interactive participation. By focusing on his vision of "service before self," the event inspired volunteers to explore how his ideals of strength and character-building can be applied to the challenges faced by modern youth. The activities commenced during the activity period i.e 1.30-2.30 pm and started with a Quote Writing Activity, where students reflected on Vivekananda's core tenets. Participants selected impactful quotes and shared brief insights into how his words resonate with their personal lives today. This was followed by a Discussion Session that explored the contemporary relevance of his thoughts, particularly his views on universal brotherhood and mental fortitude. These dialogues allowed for a vibrant exchange of ideas, bridging the gap between historical philosophy and current social responsibility.

To conclude the program, an interactive Quiz Activity was held to test and expand the participants' knowledge of Swami Vivekananda's life, travels, and global contributions. This educational segment encouraged students to delve deeper into his journey and the historical impact of his message. The celebration successfully fostered a sense of community among the volunteers, reinforcing their collective commitment to empathy and service in their future NSS endeavors.



Attendance:

1. Adeeba Ghazali
2. Al Shifa
3. Kirti Shankar
4. Manya Khanna
5. Niharika Singh
6. Shayna Akhtar
7. Sheetal Singh
8. Sneha
9. Vaishnavi Garg
10. Aayushi Jain
11. Anuradha Misra
12. Anuradha Mishra
13. Deepika Pundir
14. Khushboo Shekhawat
15. Niharika Chauhan
16. Padmapriya Sharma
17. Pragati Goswami
18. Riya Jandial
19. Sanchi Jain
20. Sanchi Pandoh
21. Shonali Garg
22. Shruti Pathak
23. Shruti Tapaswi
24. Snigdha Singh
25. Twinkle

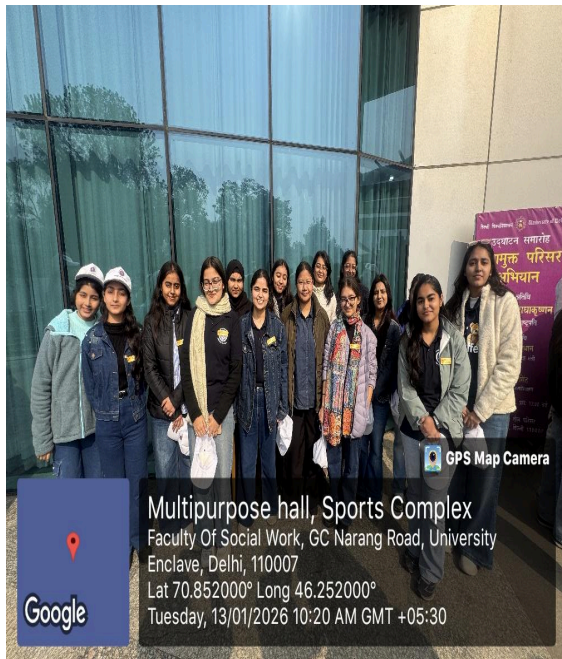
NASHA MUKTI PARISHAR
13-1-2026

PROJECT JAGRUKTA

The National Service Scheme (NSS), Kamala Nehru College, deputed selected volunteers for the Nasha Mukti Abhiyan Seminar, a national-level conference, held on 13th January 2026 at 10:00 a.m. The seminar was organized as part of the Government of India's Nasha Mukti Abhiyan and was graced by the Honourable Vice President of India, highlighting the national significance of the event.

The primary objective of deputing NSS volunteers was to contribute to the successful conduct of the seminar while promoting awareness regarding substance abuse prevention and the importance of a drug-free society. Volunteers from the NSS unit represented the college at this prestigious platform and assisted in various organizational and coordination-related responsibilities assigned to them. Prior to the event, volunteers confirmed their availability and were briefed regarding the code of conduct, discipline, and professional decorum expected at a national-level programme. Emphasis was laid on punctuality, responsibility, and adherence to institutional values, given the high-profile nature of the seminar.

The participation of NSS volunteers in the Nasha Mukti Abhiyan Seminar provided them with valuable exposure to a national initiative addressing a critical social issue. The event reinforced the role of youth in nation-building and strengthened the volunteers' sense of responsibility, discipline, and commitment to social service.



Attendance

1. Adeeba
2. Janhavi
3. Anshi
4. Manya
5. Niharika
6. Sanchi Jain
7. Shruti Pathak
8. Vanya Jain
9. Sheetal Singh
10. Kusum Yadav
11. Anuradha Mishra
12. Al-shifa
13. Anukriti Jain
14. Sneha
15. Navya
16. Kirti Shankar
17. Deepika
18. Pragati Goswami
19. Vandana Singh
20. Anvita Mahajan
21. Pakshalika

DONATION DRIVE DAY 1 AND 2

19-1-2026, 20-1-2026

PROJECT UMEED

The National Service Scheme (NSS), Kamala Nehru College, organized a two-day Stationery Donation Drive on 19th and 20th January 2026 within the college campus. The drive was conducted in the canteen area and aimed at collecting essential stationery items for school-going children to support access to education at the grassroots level. The primary objective of the initiative was to promote the spirit of social responsibility among students while addressing the educational needs of underprivileged children. Volunteers collected items such as notebooks, pens, pencils, erasers, and other basic study materials, which would be distributed to children from economically weaker sections. The donation drive was conducted from 1:00 PM to 1:30 PM on both days. NSS volunteers actively participated in organizing, coordinating, and managing the collection process.

The activity witnessed enthusiastic involvement from students, reflecting a strong sense of empathy and commitment towards community service. The Stationery Donation Drive proved to be a meaningful initiative that not only contributed to the educational well-being of children but also reinforced the core values of the NSS—service, compassion, and collective responsibility. The event successfully encouraged students to contribute towards building a more inclusive and equitable society.



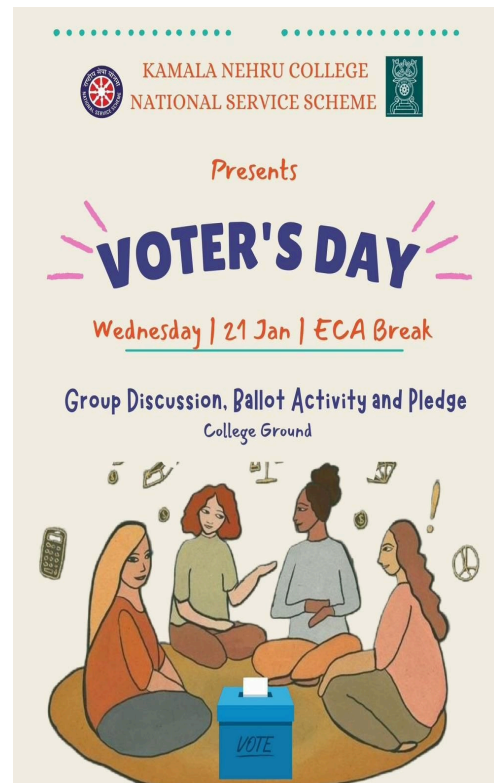
Attendance :

1. Khushboo Shekhawat
2. Snigdha Singh
3. Sheetal Singh
4. Sanchi Jain
5. Alshifa
6. Sanchi Paldoh
7. 20th January 2026
8. Sanchi Paldoh
9. Shruti Pathak
10. Vedanti
11. Toshimongla
12. Shruti Tapaswi
13. Bhumi
14. Aayushi Jain
15. Sanchi Jain
16. Palak Bansal
17. Padma Priya Sharma
18. Kusum

VOTER'S DAY 21-1-2026

In order to honor the unparalleled bravery of the Sahibzade, the National Service Scheme (NSS) unit of Kamala Nehru College organized a reflective writing activity titled "From Then to Now: Courage Across Time." The event emphasized on remembering the martyrdom of the four sons of Guru Gobind Singh Ji, particularly the younger Sahibzade: Zorawar Singh Ji and Fateh Singh Ji, both the courageous sons of the land who chose faith over fear when faced with Mughal tyranny. The activity invited the volunteers of the National Service Scheme to bridge the gap between historical valor and contemporary life. This activity marked the day's importance and successfully encouraged students to internalize these historical lessons, remember the true young heroes who gave up on their breath as a symbol of duty and courage to the motherland, ensuring that the spirit of sacrifice continues to guide our everyday actions.

In conclusion, the activity provided a meaningful platform for volunteers to bridge the gap between historical sacrifice of the two brave sons: "Sahibzade" for the security of keeping the true values intact. By reflecting on the indomitable spirit of the Sahibzade, the students were able to view the and foster among themselves the values like faith and moral strength to tackle the challenges in the most crucial times. This initiative not only honored an important, glorious yet sorrowful chapter of history but also reinforced the commitment of youth to lead with courage, chivalry and integrity.



Attendance:

1. Adeeba Ghazali
2. Al Shifa
3. Arijita Baruah
4. Jahanvi Napalchyal
5. Kirti Shankar
6. Manya Khanna
7. Shayna Akhtar
8. Sheetal Singh
9. Vaishnavi Garg
10. Aayushi Jain
11. Aditi Bisht
12. Anukrati Jain
13. Anuradha Misra
14. Anuradha Mishra
15. Divyanshi
16. Khushboo Shekhawat
17. Kritika Sharma
18. Muskan Dwivedi
19. Padmapriya Sharma
20. Pakshalika Chaurasia
21. Pragati Goswami
22. Sanchi Jain
23. Sanchi Pandoh
24. Shruti Tapaswi
25. Snigdha Singh
26. Vandana Singh

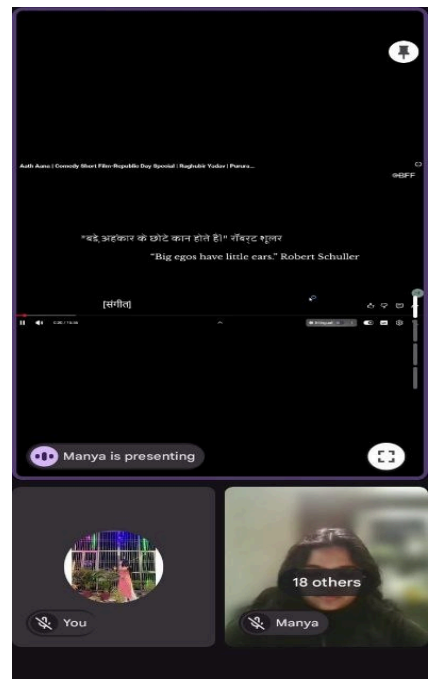
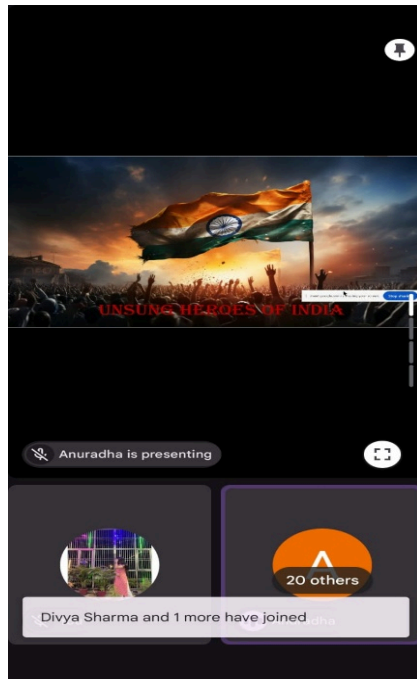
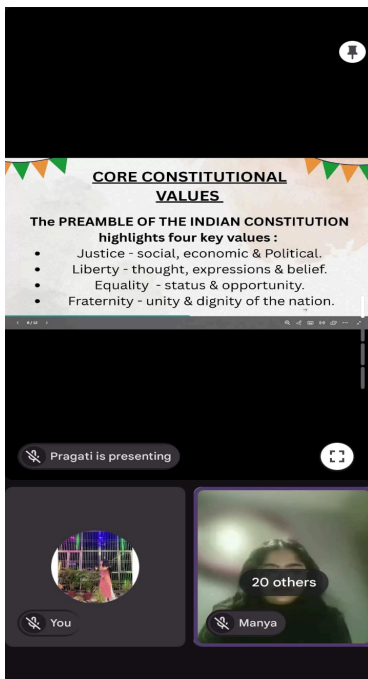
REPUBLIC DAY SESSION

25-1-26, 26-1-2026

On the occasion of 77th Republic day the National Service Scheme (NSS) unit of Kamala Nehru College, organised an online Republic Day celebration on 26th and 27th January 2026 to commemorate the adoption of the constitution of India and to promote the ideals of democracy, unity, and patriotism among students.

The online meet included activities such as short movie screening, -presentation competition, Cultural performances and National Anthem. The programme aimed to create awareness about the significance of Republic Day and to encourage students towards the constitutional values of the nation. As part of celebration, a short comedic movie named Aath Aana by Pragyant Chaturvedi shows the comedic clash of generations and perspectives and highlights petty, regional and educational differences. Debate over the poem reflected the tension between Regional Identity and National Unity which emphasized how India's diversity comes together in harmony, just as the nation celebrates its constitution. Various students took part in PPT competition on topics such as Unsung Heroes of India and Constitution as the Soul of India which highlighted thoughtful preparation, creativity, and a strong sense of national responsibility.

Following the presentations, various students participated in cultural performances, including patriotic poems and songs that beautifully reflected the spirit of unity, diversity, and national pride. The programme concluded with singing the National Anthem, which filled the participants with a sense of patriotism, respect, and collective responsibility towards the nation.



Attendance:

1. Aayushi Jain
2. Adeeba Ghazali
3. Al Shifa
4. Ananya Kashyap
5. Anshi Dwivedi
6. Anukrati Jain
7. Anuradha Mishra
8. Anvita Mahajan
9. Divya Sharma
10. Khushboo Shekhawat
11. Kritika Sharma
12. Manya Khanna
13. Padma Sharma
14. Pragati Goswami
15. Ruqaiya Khan
16. Shruti Tapaswi
17. Sneha
18. Truvi Chokhani
19. Vaishnavi
20. Vaishnavi Garg
21. Vandana Singh

FEBRUARY

BUDGET QUIZ

5-2-2026

The National Service Scheme (NSS) unit of Kamala Nehru College, University of Delhi, encouraged volunteers to participate in “My Bharat Budget Quest 2026,” an interactive online quiz initiative launched by the Government of India. The initiative aimed to provide youth with a platform to share their ideas and perspectives on the Viksit Bharat Budget and contribute meaningfully to nation-building through informed participation.

Registration for the quiz commenced on 3rd February 2026. The last date for registration was initially 17th February 2026 (3:00 PM); however, due to extended participation, the deadline was later extended to 22nd February 2026 (3:00 PM). Volunteers completed the quiz through the official portal and were instructed to upload their certificates to the designated Google Drive link as proof of participation. The activity enhanced awareness regarding fiscal policy, governance, and developmental priorities of the nation. It also encouraged responsible citizenship and active youth engagement in shaping discussions around India’s future. The initiative aligned with the core objectives of NSS by promoting civic awareness, informed dialogue, and constructive participation in the vision of Viksit Bharat.



Attendance:

1. Aayushi
2. Adeeba
3. Aditi
4. Ananya
5. Anukrati

6. Anuradha
7. Anvita
8. Astha
9. Chelsea kumam
10. Divyanshi
11. Divya
12. Deepika
13. Jahanvi
14. Kritika
15. Kusum
16. Khushboo
17. Monu
18. Nandini
19. Niharika
20. Parisha
21. Pragati
22. Ragini
23. Riya
24. Sanchi
25. Shanya
26. Sheetal
27. Shonali
28. Shruti Pathak
29. Shruti Tapaswi
30. Sneha
31. Tanisha
32. Turvi
33. Vandana

DU LIT'FEST

12FEB,13FEB,14FEB

Delhi University Literature Festival 1.0 was organised at the University of Delhi with the theme “Nation First: Unity in Diversity.” The festival aimed to celebrate the richness of Indian languages, literature and cultural traditions while promoting national unity through dialogue and creative expression. The event brought together writers, scholars, artists and students from different parts of the country. Various panel discussions, author interactions, cultural performances and literary sessions were organised, giving students an opportunity to engage with diverse ideas and perspectives. Many renowned personalities such as Piyush Mishra, Pankaj Tripathi, Ram Madhav and Sudhanshu Trivedi participated in the festival and shared their views on literature, culture and society. Students from Kamala Nehru College actively attended the sessions and benefited from the intellectual discussions and cultural programmes. The festival provided a platform for students to appreciate India’s diverse literary traditions and engage with contemporary issues. Overall, the festival was an enriching experience that promoted literary appreciation, cultural exchange and the spirit of unity in diversity.



Attendance:

1. Jahanvi
2. Arijita Baruah
3. Monu
4. Sneha
5. Turvi Chokhani
6. Kusum
7. Twinkle
8. Deepika Pundir
9. Divya Sharma
10. khushboo Shekhawat

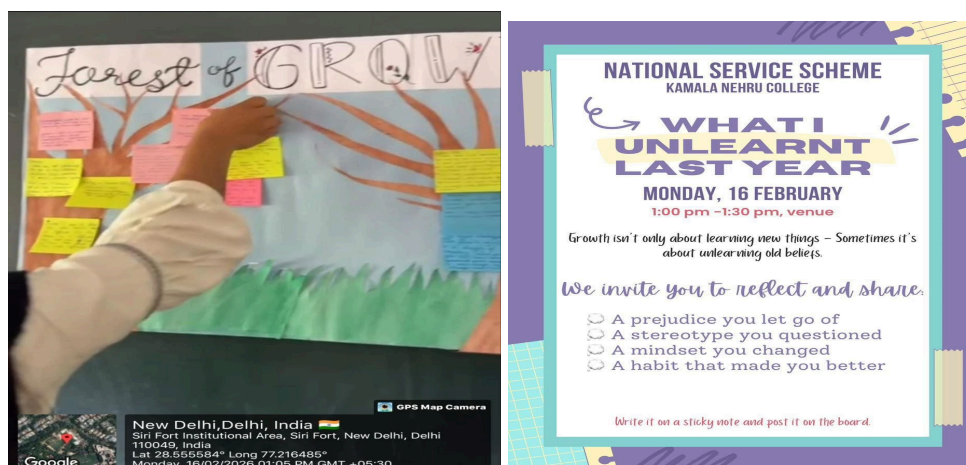
11. Monakashi Hazarika
12. Padma Priya Sharma
13. Shonali Garg
14. Anuradha Misra
15. Ruqaiya khan
16. Sivanandana
17. Ananya Kashyap
18. Pragati Goswami
19. Anukrati Jain
20. Pakshalika Chaurasia
21. Vaishnavi
22. Ragini gaurav
23. Kritika Sharma
24. Anvita Mahajan
25. Shruti Pathak
26. Adeeba Ghazali
27. Riya Jandial

UNLEARN ACTIVITY

16-02-2026

The NSS Unit of Kamala Nehru College organized an on-campus activity titled “What We Unlearn” on February 16, 2026. The program was designed to promote social awareness and reflective thinking by encouraging students to critically examine the beliefs and assumptions they have outgrown. By focusing on the process of "unlearning," the initiative aimed to foster more inclusive and democratic values within the student community.

The core of the event was an interactive Notice Board Activity, where volunteers and students were invited to share specific stereotypes or biases they have personally challenged over time. Participants pinned their reflections to a collective board, creating a visual dialogue about personal growth and intellectual evolution. This exercise highlighted the importance of moving away from rigid societal norms to embrace more empathetic perspectives. The activity successfully provided a platform for participants to voice their journeys toward social consciousness. It concluded with a shared understanding that unlearning is a vital, continuous step in personal development and community service. The event reinforced the NSS mission of building a more aware and reflective citizenry through participatory engagement.



Attendance:

1. Adeeba Ghazali
2. Al Shifa
3. Twinkle
4. Anukrati Jain
5. Kritika Sharma
6. Padmapriya Sharma
7. Shonali Garg
8. Sivanandana S.
9. Ananya Kashyap
10. Vanya Jain

11. Anuradha Misra
12. Shruti Tapaswi
13. Deepika Pundir
14. Palak Pulani
15. Ragini Gaurav
16. Chelsea Kumam
17. Monakshi Hazarika
18. Khushboo Shekhawat
19. Muskan Dwivedi
20. Divyanshi
21. Sanchi Jain
22. Ipshita
23. Pragati Goswami
24. Vandana Singh
25. Riya Jandial
26. Pakshalika
27. Snigdha Singh
28. Sheetal Singh
29. Kusum
30. Sneha
31. Anshi
32. Manya Khanna
33. Jahanvi
34. Niharika

BEGAMPUR EDUCATIONAL AND DONATION DRIVE VISIT 18-02-2026

PROJECT PRERNA

The National Service Scheme (NSS) unit of Kamala Nehru College, University Of Delhi organised a Community Outreach Programme under the theme “Empowering Communities through Health, Hygiene, Education and Aspirations.” The visit began at 1:00 pm, with NSS volunteers engaging directly with the local community in a spirit of service and social responsibility. The initiative aimed to foster awareness, encourage positive practices, and build meaningful connections with residents through interactive and participatory activities. During the visit, volunteers conducted a Health and Nutrition Awareness Session focusing on balanced diets, affordable nutritious food, hydration, hygiene, and the prevention of malnutrition. The session encouraged dialogue, allowing community members to share their experiences and concerns related to health and daily habits. In addition, the Wall of Dreams Activity created an enthusiastic and inspiring environment for children, who expressed their aspirations through drawings and written reflections, promoting confidence and motivation.

The volunteers also organized an Education Awareness Session to highlight the significance of regular schooling, equal access to education, and lifelong learning. Community members were encouraged to view education as a pathway to personal growth and social progress. The visit concluded on a positive and reflective note, providing volunteers with valuable insights into community life while reinforcing the core values of empathy, awareness, and civic engagement upheld by NSS.



Attendance:

1. Aadeba
2. Aditi Bisht
3. Al Shifa

4. Anshi
5. Anukriti
6. Anuradha Mishra
7. Anuradha Mishra
8. Aayushi Jain
9. Chelsa
10. Deepika Pundir
11. Divya Sharma
12. Divyanshi
13. Jahanvi
14. Khushboo Shekhawat
15. Kriti
16. Kritika Sharma
17. Kusum
18. Manya Khanna
19. Monakshi
20. Monu
21. Muskan Dwivedi
22. Niharika
23. Padama
24. Pakshalika
25. Palak
26. Parisha
27. Pragati Goswami
28. Ragini
29. Riya Jandial
30. Ruqaiya Khan
31. Sanchi Pandoh
32. Sheetal Singh
33. Shruti Tapaswi
34. Snigdha Singh
35. Sjonali Garg
36. Tanisha Jain
37. Turvi
38. Twinkle
39. Vaishnavi
40. Vandana Singh
41. Vanya
42. Monakshi

MARCH

WOMEN'S DAY SHAKTI WALK

08-03-2026

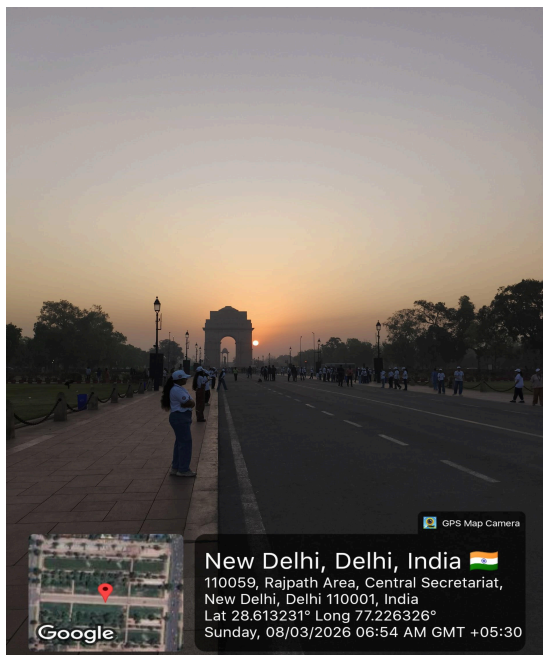
The National Service Scheme (NSS) unit of Kamala Nehru College actively participated in the International Women's Day "Shakti Walk" (She Leads Bharat) held on March 8, 2026, at Kartavya Path. The event was organized by the Ministry of Women and Child Development as part of the nationwide celebration of women's empowerment and leadership.

The walk commenced from India Gate and proceeded towards Vijay Chowk, covering a distance of approximately two kilometres. NSS volunteers from Kamala Nehru College joined this significant initiative, demonstrating their commitment to social awareness and gender equality.

The programme was conducted from 7:30 AM to 10:00 AM and revolved around the theme #SheLeadsBharat, which aimed to celebrate women's leadership, empowerment, and their crucial role in shaping a Viksit Bharat.

The event was further dignified by the presence of eminent personalities, including the Hon'ble Chief Minister of Delhi, Rekha Gupta, and the Union Minister for Women and Child Development, Annpurna Devi, along with other distinguished guests. Their participation reinforced the importance of collective efforts toward achieving gender equality and empowerment.

Through its participation in the Shakti Walk, the NSS unit of Kamala Nehru College reaffirmed its dedication to fostering social responsibility, inclusivity, and awareness among students. The event provided volunteers with an opportunity to engage in a large-scale national movement and to contribute meaningfully to the promotion of women's rights and leadership in contemporary India.



Attendance:

1. Muskan diwivedi
2. Divyanshi
3. Tanisha jain
4. Vanya jain
5. Sanchi jain
6. Shruti pathak
7. Turvi
8. Anuradha mishra
9. Monu
10. Kusum
11. Parisha
12. Anukrati jain
13. Shruti tapaswi
14. Pragati

PROJECT ZERO WASTE CAMPUS AND GREEN INITIATIVE

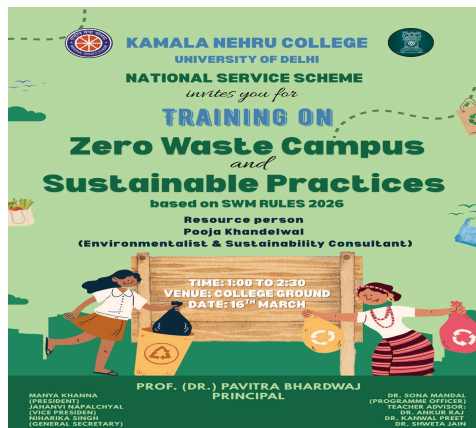
ZERO WASTE CAMPUS

16-03-2026

The NSS Unit of Kamala Nehru College recently organized a comprehensive training session under the Solid Liquid Resource Management (SLRM) Initiative, led by environmentalist and sustainability consultant Ms. Pooja Khandelwal. The session centered on the ambitious goal of transforming the college into a "zero waste campus" by fundamentally shifting the waste-disposal habits of the student body and staff. Ms. Khandelwal highlighted the importance of segregation at source, explaining that when waste is separated immediately, it transitions from "garbage" into a valuable "resource."

A significant portion of the training was dedicated to the legal and practical implementation of a "four-bin system", which includes dedicated streams for wet, dry, domestic hazardous, and e-waste. By introducing the E-Waste (Management) Rules, the speaker underscored the environmental necessity of keeping electronic components like batteries and chargers out of regular landfills, ensuring they are instead directed to the college's specialized SLRM center for processing. Following the theoretical briefing, the volunteers were sensitized to their roles as "Sustainability Ambassadors," tasked with bridging the gap between policy and practice on campus.

Volunteers were provided with area-wise "DOs and DON'Ts" to streamline disposal in high-traffic zones like classrooms and common areas. The training concluded with a call to action, charging NSS members with the responsibility of conducting peer-to-peer awareness drives. By monitoring the new four-bin installations and educating the campus community on the "rinse and dry" method for recyclables, the volunteers are now equipped to lead Kamala Nehru College toward a more sustainable and ecologically responsible future.



Attendance:

1. Monakshi Hazarika
2. Turvi Chokhani
3. Shruti Pathak
4. Khushboo Shekhawat
5. Ipshita
6. Anukrati

7. Shonali
8. Snigdha Singh
9. Monu
10. Parisha
11. Shruti Tapaswi
12. Sanchi Pandoh
13. Vaishnavi
14. Deepika
15. Pakshalika
16. Divyanshi
17. Muskan
18. Pragati Goswami
19. Aayushi Jain
20. Adeeba
21. Anshi
22. Ananya Kashyap
23. Padma Priya
24. Kirti Shankar
25. Vaishnavi Garg
26. Shayna
27. Niharika

PROJECT GREEN INITIATIVE

RECYCLING PRODUCTS ACTIVITY

18-03-2026

The National Service Scheme (NSS) unit of Kamala Nehru College, University of Delhi, organized an interactive discussion and awareness session on recycling and sustainable use of products on 18 March 2026 during the ECA break. The session aimed to encourage environmentally responsible habits and promote a practical understanding of waste reduction in daily life. The session was conducted in Room No. L-110 and focused on spreading awareness about the importance of recycling and sustainable practices. Volunteers were encouraged to reflect on their daily consumption patterns and understand the impact of waste on the environment.

As part of the activity, participants were asked to bring waste materials generated by them throughout the day, such as wrappers, bottles, and paper, for a hands-on recycling exercise. Using materials like newspaper, Fevicol, tape, and scissors, volunteers creatively reused waste items, making the session both engaging and informative. Students actively participated in the activity and gained valuable insights into sustainable living and environmental responsibility. The session successfully promoted awareness about waste management and aligned with the objectives of NSS by fostering a sense of responsibility towards the environment and encouraging eco-friendly practices among volunteers.



Attendance :



































1. Arijita
2. Sniggdha
3. Sheetal
4. Anuradha
5. Anukrati
6. Anuradha
7. Kirti
8. Shayna
9. Niharika
10. Ananya
11. Muskan

12. Divyanshi
13. Turvi
14. Khushboo
15. Monakshi
16. Kritika
17. Shruti
18. Parisha
19. Sanchi
20. Pakshalika
21. Palak
22. Manya
23. Jahanvi

BLOOD DONATION AWARENESS SESSION 22-03-2026

PROJECT SWASTHA SANKALP

The National Service Scheme (NSS) unit of Kamala Nehru College, University of Delhi, in collaboration with BloodConnect, organized an online Blood Donation Awareness Campaign on 22 March 2026. The session aimed to spread awareness about the importance of blood donation and encourage a sense of social responsibility among students. The session focused on educating participants about the significance of voluntary blood donation, along with addressing common myths and misconceptions associated with the process. It also highlighted how timely blood donation can help save lives and support healthcare needs. The session was informative and interactive, where participants actively engaged by asking questions and clarifying their doubts. A short quiz was also conducted during the session, making the learning experience more engaging and helping reinforce key concepts related to blood donation. The activity witnessed enthusiastic participation and successfully promoted awareness, empathy, and civic responsibility, aligning with the core objectives of NSS.

	Niharika Singh (You)		
	NSS KNC 25-26 Meeting host		
	Aayushi jain		
	Al Shifa		
	Ananya Kashyap		
	Anshi dwivedi		
	Anukrati Jain		
	Anuradha Mishra		
	Anuradha Misra		
	Deepika Pundir		
	Divya Sharma		
	Divvanshi Divvanshi		



Attendance :

1. Aayushi
2. Al shifa
3. Ananya
4. Anshi
5. Anukrati
6. Anuradha
7. Anuradha
8. Deepika
9. Divya
10. Divyanshi
11. Khushboo
12. Kirti
13. Kirtika
14. Kusuk
15. Monakshi
16. Monu
17. Muskan
18. Nikita
19. Niharika
20. Parisha
21. Ragini
22. Sanchi
23. Sanchi
24. Sheetal
25. Shonali
26. Shruti
27. Shruti
28. Sneha
29. Tiara
30. Turvi
31. Twinkle
32. Vaishnavi
33. Vaishnavi
34. Vanya
35. Vandana

ZERO WASTE CAMPUS CAMPAIGN

The NSS Unit of Kamala Nehru College organized a comprehensive “awareness campaign” aimed at achieving a zero-waste campus, deploying dedicated volunteers on 25th, 27th, 28th, 30th March, and 2nd, 6th April and even on the two day annual fest: ULLAS '2026. Recognizing that sustainable change begins with the individual, the campaign specifically targeted the student body and college staff. By engaging with the crowd in high-traffic areas such as the canteen, Chaupaal, and common rooms, we sought to transform environmental consciousness into actionable daily habits.

Throughout the span of the campaign, we focused on the critical importance of source segregation and the reduction of single-use plastics. Volunteers actively demonstrated the four-bin segregation model, explaining the distinctions between biodegradable waste, recyclable materials, and non-recyclable rejects. These interactions were designed to be conversational rather than instructional, allowing students to voice their concerns regarding waste management while receiving practical solutions for maintaining a cleaner, greener campus environment.

The relevance of this multi-day initiative was reflected in the visible shift in campus behavior as the campaign progressed. By the final day on 6th April, there was a marked increase in the correct disposal of waste and a heightened sense of collective responsibility among the college crowd. This sustained effort not only reinforced the college’s commitment to Solid Liquid Resource Management (SLRM) but also empowered the student community to act as ambassadors for environmental sustainability, ensuring the campaign's impact extends far beyond the specified dates.

Despite the overall success of the campaign, we identified several challenges during the observation period. The most significant issue was the persistent contamination of bins during peak hours of the festival. When the crowd density was at its highest, many individuals prioritized convenience over correct disposal, leading to plastic wrappers and food scraps being mixed in a single bin. This suggested that while awareness is growing, the habit of automatic segregation has yet to be fully ingrained, requiring even more prominent signage or a higher density of disposal stations during high-traffic events.

Additionally, we noted a logistical strain regarding the frequency of bin clearance. On the busiest days of Ullas'26, certain bins reached their capacity faster than the collection teams could manage, leading to temporary overflows that discouraged proper use. We also observed a lack of awareness regarding specific types of waste, such as soiled paper plates or composite packaging, which many visitors were unsure how to categorize. These "negatives" serve as crucial learning points, highlighting the need for more intensive pre-event briefings for food stalls and a more robust waste-collection schedule to keep pace with the festive momentum.



Attendance:

Vaishnavi
Parisha
Anuradha Misra
Anukrati Jain
Kritika Sharma
Sanchi Jain
Shruti Tapaswi
Vaishnavi Garg
Kusum
Monakshi
Vaishnavi Pandey

APRIL

Awareness Rally

1-04-2026

The National Service Scheme (NSS) unit, in collaboration with the SLRM Department, organized an impactful “awareness rally” on Wednesday, 1st April 2026. Conducted at 1.30-2.30 p.m, the event mobilized volunteers across the college campus to advocate for environmental consciousness. This initiative was specifically designed to utilize the high-traffic break period to capture the attention of the student community, turning the campus corridors into a vibrant space for ecological discourse. The rally served as a crucial step towards a “zero-waste campus”, emphasizing the college's long-term commitment to total sustainability. A central focus of the activity was providing awareness for learning segregation at the time of disposal, ensuring that students understand how to distinguish between waste categories the moment they discard an item. By educating the student body on the immediate impact of their choices, the program aimed to transform waste management from a passive requirement into an active, informed habit. The volunteers used slogans like:

जो नागरिकता निभाएगा,
वही कॉलेज को चमकाएगा!
कॉलेज का मान बढ़ाएँगे,
स्वच्छता को अपनाएँगे!

Through active participation and collective engagement, the initiative successfully promoted responsible waste management practices and the maintenance of a hygienic campus environment. The collaboration between the NSS and the SLRM Department reinforced the importance of sustainable practices and the practical application of waste segregation. The event concluded with a renewed sense of responsibility among volunteers and students alike, marking a significant milestone in the ongoing efforts to foster a cleaner, greener academic setting.



Attendance

Adeeba

Alshifa

Anshi Dwivedi

Anukrati

Anuradha

Anuradha
Anvita Mahajan
Aayushi Jain
Arijita
Deepika
Divya Sharma
Jahanvi
Khushboo
Kusum
Monakshi
Padam Priya
Pakshalika
Pariksha
Pragati Goswami
Ruqaiya
Sachi Jain
Sanchi
Sheetal
Shonali Garg
Shruti
Shruti Pathak
Snigdha
Turvi
Twinkle
Vandana Singh
Vaishnavi Garg
Vanya Jain

Old Age Home Visit 8-04-2026

The National Service Scheme (NSS) unit organized a meaningful community outreach visit to Mann ka Tilak old age home By Wishes & Blessings on Wednesday, 8th April 2026. A selected group of 8–10 volunteers participated in the initiative, arriving at the venue at 10:00 AM. The visit was designed to “bridge the generational gap” and provide students with a practical platform to exercise social responsibility outside the traditional classroom setting.

The core objective of the program was to foster empathy, care, and social responsibility among the volunteers through direct interaction with the elderly residents. During the session, which concluded at 1:00 PM, volunteers engaged in ‘heartfelt conversations’, listening to the life experiences of the seniors and offering emotional support. This engagement allowed the students to gain a deeper understanding of the challenges faced by the elderly, while simultaneously contributing to the well-being of the residents through companionship and active listening. The heartfelt conversations brought up points like giving at least some of our time to the elderly people in the society and making them feel noticed and attended. This would give them a feeling of connectivity with the younger generation and the latter would foster qualities like empathy, compassion, sensitivity.

Throughout the duration of the visit, the NSS unit maintained a high standard of coordination and discipline, ensuring the smooth conduct of all activities. By providing an opportunity to contribute meaningfully to the lives of others, the initiative successfully met its goal of sensitizing young volunteers toward the needs of the elderly. The experience left a lasting impression on the participants, reinforcing the importance of compassion and community service in building a more inclusive society.



Budget Quest Youth Dialogue 12-13 April 2026

The National Level Budget Quest Youth Dialogue, organized by MY Bharat under the Ministry of Youth Affairs & Sports, was held on April 12–13, 2026, at the Shri Ram College of Commerce (SRCC). This significant two-day event was designed to bridge the gap between young citizens and the complexities of national fiscal policy. By bringing together students from across the region, the program sought to cultivate a deeper understanding of how the Union Budget shapes the socio-economic fabric of the country and to empower the youth to contribute their perspectives to the national economic narrative. In accordance with the official request from the Ministry, our NSS unit of Kamala Nehru College provided volunteers for the same. The volunteers demonstrated high levels of discipline and commitment by adhering to the strictly mandated reporting schedule, arriving by 1:45 PM on the first day for the opening ceremonies and by 8:30 AM on the second day for the core technical sessions. This strong presence underscored our college's dedication to fostering civic engagement and economic literacy among its female student body. Throughout the dialogue, participants engaged in a series of interactive workshops and panel discussions led by experts in public finance and governance. The sessions focused on demystifying budget allocations and explaining the practical impacts of fiscal decisions on sectors like education, technology, and social welfare. For the volunteers, the experience was not only educational but also provided a rare platform to network with policymakers and peers from diverse backgrounds, ultimately strengthening their roles as informed and active contributors to the nation's democratic processes.



Attendance:

Shruti Tapaswi
Pragati Goswami
Deepika Pundir
Parisha

AARAMBH 26

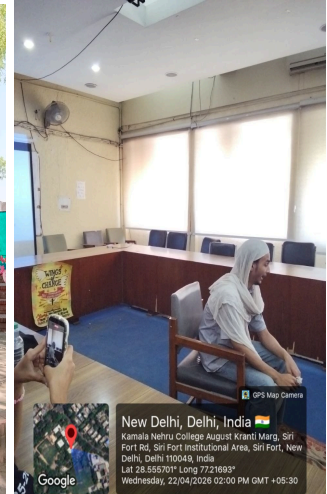
22-04-2026

The National Service Scheme (NSS) Unit of Kamala Nehru College, University of Delhi, successfully organized its annual fest, AARAMBH '26, on 22nd April 2026 under the theme 'Paraseva: A Celebration of Selfless Service and Togetherness.' Inspired by the NSS motto, "Not Me, But You," the fest aimed to promote the values of compassion, leadership, inclusion, and social responsibility among students. The event began with a speaker session and continued with various inter-college competitions and activities that encouraged creativity, awareness, and collective action towards social change.

The fest began with an insightful speaker session conducted by Ms. Dhvani Jain, Social Entrepreneur and Founder of Karma Foundation, in the New Seminar Room. The session focused on leadership, inclusion, and creating meaningful social impact through collective efforts and community engagement. Through her inspiring experiences and interactive discussion, she encouraged students to actively participate in social service and become responsible changemakers in society. The session motivated the audience to understand the importance of empathy, teamwork, and youth participation in building a more inclusive and socially aware community.

AARAMBH '26 also featured three major inter-college competitions that reflected the spirit of social awareness and creative expression. Wings of Change, the Monologue Competition, gave participants an opportunity to portray the struggles, resilience, and lived experiences of marginalized individuals through powerful performances. Reality Beyond Visibility, the Presentation Competition, allowed teams to present the work and impact of their NSS units, highlighting their initiatives, challenges faced during community work, and future ideas for sustainable social change. Voices of the Voiceless, the Nukkad Natak Competition, focused on raising awareness about important social issues such as gender inequality, mental health, lack of education, poverty, and social discrimination through impactful street theatre performances.

AARAMBH '26 concluded on a highly positive and inspiring note, leaving participants and attendees with valuable experiences and a deeper understanding of social responsibility. The fest not only celebrated the spirit of service and togetherness but also encouraged students to use their voices, creativity, and leadership skills to contribute towards meaningful change in society.



ATTENDANCE

AAYUSHI JAIN
ADEEBA
ADITI BISHT
AL SHIFA
ANANYA KASHYAP
ANSHI DWIVEDI
ANUKRATI JAIN
ANURADHA MISHRA
ANVITA SACHIN MAHAJAN
ARIJITA BARUAH
DEEPIKA PUNDIR
DIVYA SHARMA
JAHANVI
KHUSHBOO SHEKHAWAT
MANYA KHANNA
MEGHA
MONAKSHI
MONU
NAVYA SHARMA
NIHARIKA
PADAM PRIYA
PAKSHALIKA
PALAK PULANI
PARISHA
PRAGATI GOSWAMI
RUQAIYA KHAN
SANCHI JAIN
SANCHI PANDOH
SHAYNA AKHTAR
SHEETAL SINGH
SHONALI
SHRUTI PATHAK
SNIGHDHA SINGH
SNEHA
TWINKLE
VANYA JAIN
VAISHNAVI
VAISHNAVI GARG

SELF DEFENCE WORKSHOP

27-04-2026

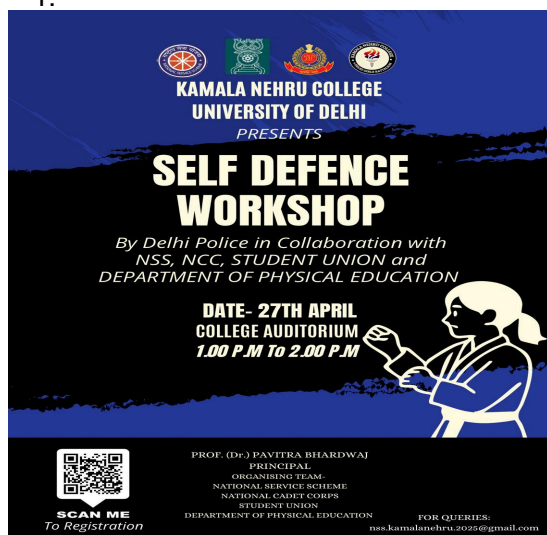
The National Service Scheme (NSS) Unit of Kamala Nehru College successfully organized a comprehensive Self-Defence Workshop on 27th April, 2026. The event commenced at 1:00 PM in the College Auditorium, drawing a significant number of participants. In an era where physical and mental preparedness is vital, this session was specifically designed to empower female students by teaching them practical, swift moves and raising broader awareness about the importance of personal safety within society.

The primary objectives of the workshop were centered on empowerment and proactive awareness. By equipping students with physical techniques to defend themselves in vulnerable situations, the NSS unit aimed to foster a mindset of alertness and confidence. Beyond individual skill-building, the workshop encouraged students to act as catalysts for safety awareness within their own communities, thereby extending the impact of the session to the larger social fabric.

The workshop was structured to be highly interactive and hands-on, ensuring that participants could move beyond theoretical knowledge. Expert instructors demonstrated a variety of swift defensive moves, focusing on easy-to-learn yet effective maneuvers to escape physical grabs and neutralize immediate threats. Additionally, the training covered situational awareness, briefing students on how to identify potential risks in their surroundings and how to utilize everyday objects for self-protection. A significant portion of the session was also dedicated to building psychological strength, emphasizing that maintaining composure is often the first and most critical line of defense.

The event concluded with enthusiastic feedback from the student body, many of whom expressed a heightened sense of security and confidence. By engaging deeply with the training, the participants committed to spreading these life-saving skills among their peers and families. Under the guidance of NSS Convenor Dr. Sona Mandal and Student Convenor Manya Khanna, the NSS Unit continues to fulfill its mission of fostering a safe, courageous, and informed environment for all students through such impactful initiatives.

1.



ATTENDANCE

1. ADEEBA
2. AAYUSHI
3. AL SHIFA
4. AMRITA
5. ARIJITA BARUAH
6. ANANYA KASHYAP
7. ANSHI DWIVEDI
8. ANUKRATI JAIN
9. ANURADHA MISHRA
10. ARIJITA BARUAH
11. DEEPIKA PUNDIR
12. DIVYA SHARMA
13. DEEPIKA PUNDIR
14. KHUSHBOO SHEKHAWAT
15. KIRTI SHANKAR
16. KUSUM
17. MANYA KHANNA
18. MEGHA SHYAM
19. MONAKSHI
20. MONU
21. NIHARIKA SINGH
22. PADAM PRIYA SHRMA
23. PALAK PULANI
24. PARISHA
25. PAKSHALIKA
26. PRAGATI GOSWAMI
27. RUQAIYA
28. SHAYNA AKHTAR
29. SHEETAL SINGH
30. SHRUTI PATHAK
31. SHRUTI TAPASWI
32. SNIGHDHA SINGH
33. SNEHA
34. SNIGHDHA SINGH
35. TWINKLE

