

Kamala Nehru College  
(University of Delhi)  
**National Service Scheme (NSS)**  
**Annual Report (2023-24)**

**JUNE 2023**

June marked a focus on fitness activities alongside celebrations for Delhi University's centenary, marking 100 years of academic excellence and contributions to education.

**5TH JUNE:** In celebration of Bicycle Day, NSS KNC organized a poster-making task centered around the theme "Benefits of Cycling." Volunteers showcased their talents by creating stunning posters, either handmade or digital, highlighting the advantages of cycling. The event encouraged creativity while promoting awareness about the various benefits of incorporating cycling into daily routines, such as improved health, reduced pollution, and enhanced well-being. Through their artistic expressions, volunteers effectively conveyed the positive impact of cycling on individuals and the environment.



**30TH JUNE:** Delhi University commemorated its 100th anniversary at the Multipurpose Hall, University of Delhi. India's Prime Minister, Mr. Narendra Modi, graced the occasion as the Chief Guest. Various activities and performances showcased the university's journey over the past century. This historic event witnessed participation from every college within the university. Our volunteers showed great enthusiasm and actively attended the event, contributing to the celebration of this significant milestone in the university's history.

## JULY 2023

July was characterized by a sense of responsibility and a focus on learning about the historical struggles of freedom fighters around the world, highlighting the importance of understanding our past.

18TH JULY: To honor Nelson Mandela International Day, an online quiz is being organized, focusing on the leader's fight against apartheid in South Africa. Volunteers will participate by answering a set of questions related to Mandela's life, achievements, and contributions to social justice and equality.



22ND JULY: "In diversity there is beauty and there is strength " - Maya Angelou  
To cherish India's endless diversity NSS KNC envisaged a task. Volunteers had to pen a small blog on India - a land of diversity by specifically concentrating on any one ethnic group. We received multiple write-ups which contemplate that every Indian thinks highly of India as a land of diversity .Through such tasks we strive that volunteers develop their intellectual activities.

23RD JULY: Volunteers are tasked with researching a case study involving the violation of minority rights anywhere globally. They will analyze the pertinent issues and craft a concise report. In the report, volunteers can suggest solutions such as advocating for stronger legal protections, promoting education and awareness on minority rights, fostering inclusive policies, and encouraging dialogue and collaboration between minority groups and authorities to address systemic issues and ensure equal rights for all.



### ETHNICITY IN INDIA

Our current population is made up of a diverse mix of people from various racial and ethnic backgrounds. These individuals arrived in India from various locations and at various times, via a variety of land and marine methods. India is home to nearly all of the world's main races, which contributes to the claim that the nation has a wide and diversified ethnic population. Social scientists overwhelmingly reject the idea that ethnicity is culturally predetermined with its innate allegiances and attitudes. Generally speaking, academics contend that an ethnic group is necessary for a social group when it is mobilized for group action to further the group's objectives.

According to Bhabha Akeji, who has written about the politics of ethnicity in India and Pakistan, recognition has happened anytime there has been a change in situation or context, as is obvious from experience. Therefore, the borders of ethnic categories are not 'objectively' pre-given. A supposedly objective standard, such as religion, can be substituted with another standard, such as a similar history or language. According to Urvashi Prakash, who has written about ethnicity and nation-building in Sri Lanka, ethnic identity is a necessary but not sufficient condition for evoking ethnicity. Ethnicity results from the leadership's mobilization and a spate of group identification and interest. Ethnicity is employed as a political ideology and as a tool to get more power and share in the system. To highlight the institutional and methodical way in which such politics are crafted, he uses the concept of "complicity" to ethnic politics in India.

Geographically, Indian sub-continent has facilitated the existence of numerous groups belonging to various racial stocks, speaking different languages and having different patterns of culture. Centuries of living together has not removed these differences. At the same time, the different groups moved in a variety of the political, economic, and social spheres. The different groups were united by a common historical destiny which created a psychological unity. The ethnicity issue is not just an identification issue; it is also a deprivation and uneven development issue.

*By: Sanyoga Srivastava*

25TH JULY: In July, our volunteers engaged in diverse activities that fostered reflection and connection. They created posters listing ten things they are grateful for, showcasing their appreciation for life's blessings and cultivating a positive mindset. Additionally, volunteers shared personal anecdotes and experiences of traveling via public transport, highlighting the everyday adventures and challenges encountered while commuting. These activities not only encouraged gratitude and self-expression but also promoted a sense of community as volunteers shared their stories and perspectives, fostering empathy and understanding among peers within the NSS KNC organization.

26TH JULY: On the occasion of Kargil Diwas, our unit commemorated the courageous martyrs of India who made the ultimate sacrifice for the nation's safety by curating a Tribute Wall of Kargil. This heartfelt task aimed to honor and remember these bravehearts, showcasing their names, photos, and stories of valor. Volunteers dedicated their efforts to creating a touching memorial that served as a reminder of the sacrifices made by our armed forces. The Tribute Wall of Kargil stood as a symbol of respect, gratitude, and remembrance, acknowledging the heroism and dedication of those who laid down their lives for the country.



31ST JULY: To celebrate International Friendship Day this year, our volunteers shared

photos with their best friends, embracing the spirit of camaraderie and companionship. This activity strengthened bonds and highlighted the importance of friendship, fostering a sense of unity and support within our volunteer community.

## AUGUST 2023

August was dedicated to the "Meri Maati Mera Desh" campaign, aimed at fostering a deep sense of patriotism and love for our country among participants, emphasizing national pride and unity.

10TH AUGUST: As part of "Meri Maati Mera Desh" an initiative by the Hon'ble Prime Minister, NSS KNC visited its adopted village- Begumpur, for the upcoming Independence Day. The volunteers amassed children from the village area at a place and then spoke to them and their parents to ease them. The young toddlers were then asked about their knowledge of Independence Day, freedom fighters and the most exhilarating task for them which was making the tricolour. They were given colours and sheets to draw our national flag with pride. The children were brimming with joy. It was like a community chain where they called their friends and a bunch of children made flags, wrote quotes and drew their imagination on the sheet. Through such visits, NSS KNC always aspires to be an active part of initiatives and organise field visits to channel the social service spirit of our volunteers.



11TH AUGUST: As part of the "Meri Maati Mera Desh" initiative, volunteers participated in planting saplings of indigenous species. This task was undertaken by volunteers planting saplings in the college premises and their localities. Such activities sparked activism among volunteers, encouraging them to be attentive and aware of their surroundings. This initiative proved to be an effective method for developing environmental consciousness, as it not only involved hands-on participation but also fostered a sense of responsibility and stewardship towards preserving nature and promoting sustainability within the community.



11TH AUGUST: As an essential component of the "Meri Maati Mera Desh" initiative spearheaded by the Hon'ble Prime Minister, volunteers took a solemn pledge reaffirming their dedication to the nation. They pledged to contribute actively to India's development, uphold its unity and solidarity, and preserve its rich cultural heritage. These tasks serve as constant reminders for volunteers to remain mindful and aware of their duties and responsibilities towards our nation. Through their commitment and actions, volunteers play a crucial role in nurturing a sense of patriotism, civic duty, and national pride, contributing positively to the progress and prosperity of India.



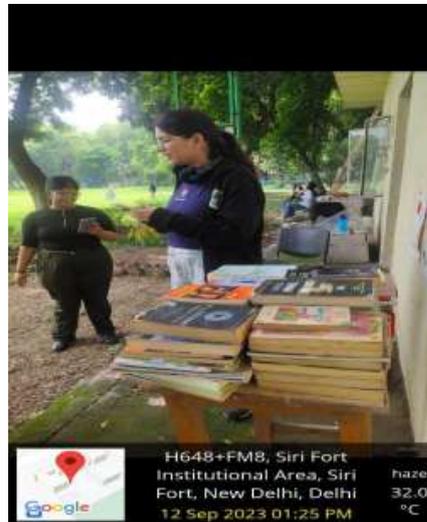
15TH AUGUST: On the occasion of Independence, under the "Meri Maati Mera Desh" initiative by the Hon'ble Prime Minister, volunteers were tasked with taking a picture with the tricolour flag, showcasing their reverence and allegiance to the National Flag. This image was then uploaded to the government website "HarGharTiranga," an endeavor aimed at uniting Indians through the Tiranga. This activity symbolized the volunteers' deep respect for national symbols and their unwavering commitment to promoting unity, patriotism, and pride in our country's heritage and values.

23RD AUGUST: NSS KNC initiated a project to upcycle rags into useful materials, promoting sustainability and reducing environmental pollution. This involved collaborating with local tailors to support their businesses while creatively repurposing textile waste. The initiative aimed to encourage eco-friendly practices and contribute positively to both the environment and the local economy.

**SEPTEMBER 2023**

September focused on raising social awareness and empowering youth to combat diseases and harassment, highlighting the importance of education and activism in creating a safer and healthier society.

12TH SEPTEMBER: NSS KNC, in partnership with Sarvahitey NGO, is organizing a book donation drive. Volunteers and the entire college community were urged to donate educational resources to support economically disadvantaged communities. Through this initiative, students shared their love for reading by donating books, giving them a new life and providing opportunities for learning to those in need. The drive not only promotes literacy but also fosters a sense of empathy and social responsibility, empowering individuals through knowledge and education, thereby contributing to a more equitable and inclusive society.



14TH SEPTEMBER: "EK BHARAT SANSKRITI SANGAM" has been launched under the aegis of EK BHARAT SHRESHTHA BHARAT, with the specific aim of knowing our cultural richness. Volunteers were requested to send essays on the diminishing Indian art forms and present them in creative and unique ways. Volunteers actively participated in the activity and presented valuable insights creatively through dancing and art pieces.

20TH SEPTEMBER: NSS organized a seminar on Gender-Based Sexual Abuse in collaboration with the Rakshin Project, aiming to raise awareness about basic social issues. Paavni Sharma, the speaker, delivered insightful views on sexual abuse through workshops and activities, empowering the youth to take proactive steps in addressing these issues. The seminar focused on preventing Child Sexual Abuse and Gender-based violence, equipping attendees with knowledge and strategies to tackle such challenges effectively. By encouraging young individuals to be aware, informed, and proactive, the seminar aimed to foster a safer and more inclusive society for everyone.



20TH-22ND SEPTEMBER: Under "Swachhta hi Seva" initiative volunteers took part in various activities in the college premises for 3 days.

Over the course of three consecutive days, volunteers embarked on a Swachhta (cleanliness) mission, displaying their unwavering commitment to enhancing the cleanliness of their country.

On the 20th of September, a multitude of volunteers gathered with great enthusiasm, firmly taking the Swachhta Pledge.

The following day, the 21st of September, saw volunteers divided into groups on the college grounds for a comprehensive cleanliness drive. Armed with gloves, plastic bags, and caps for hygiene, they diligently collected and appropriately disposed of the waste.

On the 22nd of September, volunteers extended their efforts to the Chaupal, Canteen, and Parking area, ensuring that collected waste was properly segregated and disposed of. This collaborative endeavour demonstrated a remarkable dedication to a cleaner environment. The active, energetic participation of volunteers shows their zeal and commitment towards making a cleaner India.



24TH SEPTEMBER: Volunteers were given various tasks to create awareness regarding voting literacy in India.

Task1 - Slogan writing, volunteers elaborated the meaning of voting literacy through innovative slogans both in hindi and english.

Task2 - This task was to understand volunteers' opinions and ways on how to make people aware about voting literacy, where students elaborated on topics such as educational reach, media and digital initiative and youth involvement. Task3 - In this task volunteers were asked to write their opinions and views on the need of voting literacy, students elaborated on topics of Informed and active participation in elections is the bedrock of any democracy and is essential to maintain the integrity of the electoral system.

25TH SEPTEMBER: The NSS unit organised an awareness seminar on Diabetes among students and professors collaborating with THE DIABETES FOUNDATION. Volunteers participated in the seminar with extreme enthusiasm. The orator, Deeksha Dev, through her experience of living with type1 diabetes for the past 23 years gave an in-depth meaning to diabetes in the younger generation and made students aware about the process of medication through her own experience. She also highlighted the common signs and symptoms to understand and to be conscious of your health.

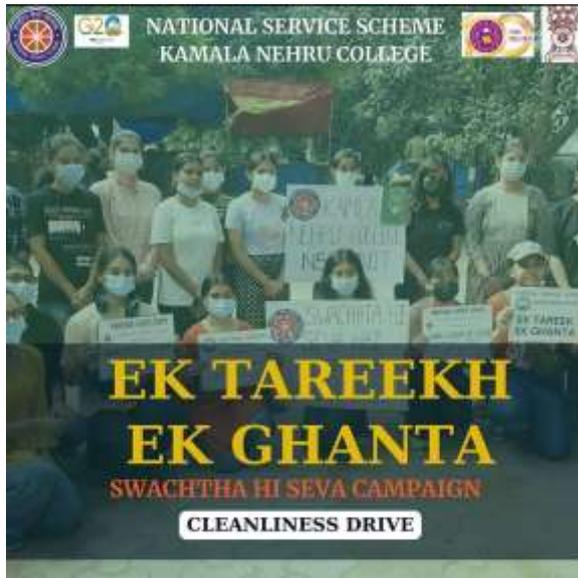


## OCTOBER 2023

October centered around promoting cleanliness initiatives and encouraging the use of locally produced Khadi and goods, emphasizing sustainability, self-reliance, and supporting indigenous industries.

1ST OCTOBER: On October 1st, 2023, in honor of Gandhi Jayanti, NSS KNC organized an event called "Ek Tareekh Ek Ghanta" under the Swachhta Hi Seva Campaign. This initiative focused on cleanliness and awareness, with volunteers actively participating in a cleanliness drive near the Green Park metro station area. The goal was to contribute to the vision of a "Garbage Free India" and fulfill Gandhiji's dream of a clean nation. Through their

enthusiastic participation, volunteers developed a strong ideology of cleanliness and worked towards making Gandhiji's vision a reality. The event aimed to instill a sense of responsibility and dedication towards maintaining a clean environment.



**2ND OCTOBER:** Since 1969, September 24 has been designated as NSS Day, commemorating its founding and mission. The idea of the National Service Scheme (NSS) was propagated by Major General Jagannath Rao Bhonsle. NSS KNC Unit on the occasion of National Service Scheme Day 2023 organised a cultural event on 3rd October 2023 where the volunteers performed various performances ranging from classical dance to shayaris. The volunteers brimmed with excitement and energy and this event served as a great opportunity for new volunteers to bond with the existing members. NSS Day was a time of togetherness and gratitude. Thus, this day infuses volunteers' hearts with the true spirit of "NOT ME BUT YOU".

**3RD OCTOBER:** The dedicated volunteers of NSS KNC bid a heartfelt farewell to the remarkable Batch 2022-23 of NSS KNC. This event was beyond mere words; it was truly extraordinary. The core team, deeply touched by the occasion, delivered speeches that resonated emotionally. As the day concluded, we united for a final dance, and cutting the farewell cake marked the closure of a chapter. This memorable day filled us with nostalgia, as the volunteers gave their seniors a beautiful and unforgettable farewell.



9TH OCTOBER: Under the phase 2 of the Government initiative of "मेरी माटी- मेरा देश" NSS KNC organized a rally with the volunteers who chanted slogans of National Unity like my soil is my country, मेरी माटी- मेरा देश and भारत माता की जय. This rally was preceded by the filling of a kalash with soil through the hands of NSS KNC volunteers. The volunteers participated energetically in the rally campaign which was held within the college premises. This initiative was undertaken to honour our martyred bravehearts of India.

11TH OCTOBER: On the occasion of World mental health day, NSS KNC in collaboration with Wari hosted a \*Mental Health Seminar\* on 11th October organised by Wishes and Blessings NGO. The WARI (Well-being Action & Research Initiative) is a group of individuals working in the domains of mental health, public health, social work and human resources for decades. The seminar shed light on mental well-being in today's world. NSS KNC aims to form a society where everyone feels healthy not just physically but mentally as well. This seminar creates a sense of more awareness about mental health prioritization among volunteers.



13TH OCTOBER: Fit India Freedom Run is an initiative started in 2020 by the Ministry of Youth Affairs and Sports to highlight the importance of Independence day and Gandhi Jayanti.

NSS KNC organised the Fit India Freedom Run 4.0 which was organised this year as 'Fit India Swachhta Freedom Run' with the theme "Swachh Bharat, Swastha Bharat" on 13th October, 2023 from 10am to 11am at August Kranti Marg in front of Kamala Nehru College. The campaign aimed at promoting the importance of fitness and cleanliness for a healthy lifestyle .The volunteers had shown active participation in this which shows that they believe in fitness as an important activity of life.

15TH OCTOBER: To promote the spirit of nationalism , NSS KNC encouraged volunteers to upload a selfie on the government site “Swachhta hi seva “ while contributing to swachhata activity and upload their selfie and get a certificate of their contribution on the Selfie portal.



16TH OCTOBER: Under the aegis of Khadi Mahotsav, volunteers participated in activities such as Khadi Quiz Competition, Khadi Slogan Writing Competition, Khadi E-Pledge and Khadi Jingle Contest released by the Government of India.NSS KNC organised a poster-making competition to promote the spirit of Vocal for Local and for building Atma Nirbhar Bharat. NSS KNC witnessed active and enthusiastic participation by the volunteers.

18TH OCTOBER: Under the aegis of The Special Campaign 3.0 launched by the Government of India for improving Swachhata and disposal of pending Public Grievances,

NSS KNC organised a series of activities on 18th October, 2023.

The activities undertaken by the volunteers of NSS KNC included:

1. Swachhata Cleanliness campaign in the premises of Kamala Nehru College.
  2. Swachhata pledge taking event by volunteers.
  3. Management and Cleanliness of the NSS room by volunteers to promote Swachhata.
- NSS KNC praises the keen spirit and enthusiasm of its volunteers to spread the message of “Swachh Bharat”.



**26TH OCTOBER:** On the auspicious occasion of Dussehra to celebrate the victory of good over evil, NSS KNC had organised an online competition on the theme “Evils of the Society”. The volunteers had been given liberty to express themselves through the medium of their choice (poster, poem, articles etc.). The volunteers showed active participation and enthusiasm.

**31ST OCTOBER:** As part of “Meri Mati Mera Desh ” an initiative by the Hon'ble Prime Minister, volunteers of NSS KNC attended the Meri Mati Mera Desh programme on Kartavya Path on 31st October. The spectacular event consisted of performances by various artists including Kailash Kher. NSS KNC witnessed active and enthusiastic participation of its volunteers. The event ended with the speeches of Mr Amit Shah, Minister of Home Affairs of India and our Prime Minister, Shri Narendra Modi ji .The volunteers got an opportunity to witness a glimpse of the diversity of INDIA under one roof because of this initiative by the government. Our honourable PM Shri Narender modi ji and Youth Affairs Minister Shri Anurag Thakur launched ‘National YUVA BHARAT Portal for development of youths. Volunteers gained new insights regarding the current situation of India and participated with enthusiasm.



On the same day, NSS KNC hosted one more activity to celebrate National Unity Day or Rashtriya Ekta Diwas which is observed to commemorate Sardar Vallabhbhai Patel's birth anniversary. NSS KNC organized an online Slogan Writing Competition as part of the celebrations, encouraging volunteers to take pledges with others to raise awareness about the significance of the day and promote India's "Unity in Diversity" culture. This initiative saw increased enthusiasm and participation from volunteers, highlighting their dedication to fostering unity and respect within society.

## NOVEMBER 2023

November emphasized the values of volunteering, donating, and contributing to society, encouraging individuals to actively participate in initiatives that make a positive impact and uplift communities.

2ND NOVEMBER: NSS KNC organized a campaign and pledge ceremony during the Vigilance Awareness Week. The event aimed to raise awareness about the importance of vigilance and integrity. Volunteers took a pledge to uphold ethical values and contribute to building a transparent and accountable society.



4TH NOVEMBER: NSS KNC organized a debate competition with the theme "Can Public Vigilance alone stem Corruption? Why/Why not?" during Vigilance Awareness Week. This event aimed to increase awareness among the public and volunteers about the adverse effects of corruption. Through insightful discussions, participants explored the role of public vigilance in combating corruption and the need for collective efforts from both the public and authorities to effectively address this issue.



23RD-24TH NOVEMBER & 28TH NOVEMBER: NSS KNC collaborated with Pehchaan Street School NGO to organize a 3-day donation drive on November 23rd, 24th, and 28th. This initiative provided an opportunity for individuals to come together and contribute towards uplifting the underprivileged community, making a meaningful difference in their lives.

25TH NOVEMBER: In celebration of Constitution Day on November 26th, to honor the adoption of India's constitution, NSS KNC organised various events:

1. Online Quiz Competition where volunteers enthusiastically attempted a quiz on mygov website. The quiz was very interesting and insightful.
2. Poster Making Competition where volunteers showcased their amazing creative skills in the form of beautiful posters on the theme of Constitution Day.
3. Preamble Reading where volunteers read the preamble. There was active participation from all the KNC NSS volunteers.



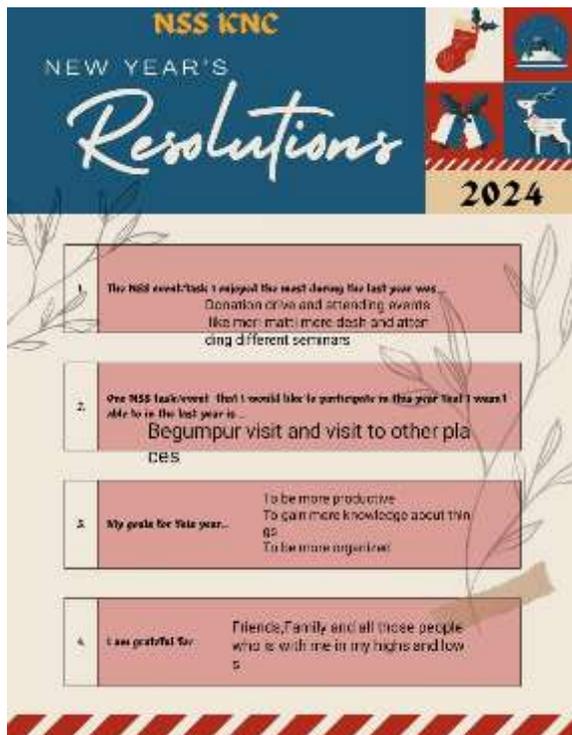
30TH NOVEMBER: NSS KNC, in collaboration with Pehchaan Street School NGO, hosted a seminar on the theme "Empowering Futures: A Change Through Your Own Contribution." This event provided valuable insights for students interested in volunteering, highlighting the significance of making a positive impact through personal contributions. The seminar aimed to inspire and educate attendees about the transformative power of volunteering, emphasizing the role individuals can play in creating meaningful change and empowering communities for a better future.



# JANUARY 2024

January symbolized new beginnings and the setting of fresh goals, inspiring individuals to start afresh, pursue personal growth, and work towards achieving their aspirations for the year ahead.

1ST JANUARY: With the onset of New Year, NSS KNC began with an innovative and enlightening task where it asked its volunteers to assess the activities of their past year and make resolutions for the upcoming year to encourage the volunteers to take up on the tasks or activities that were left behind.



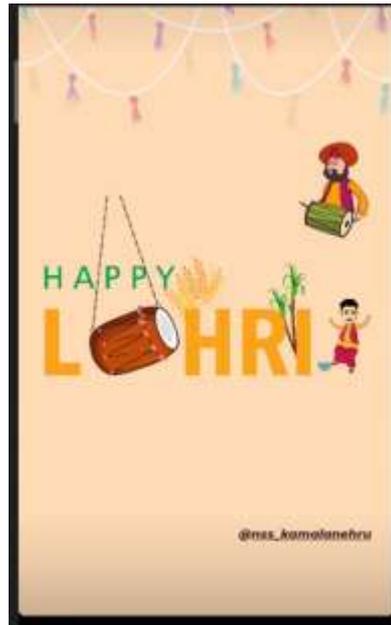
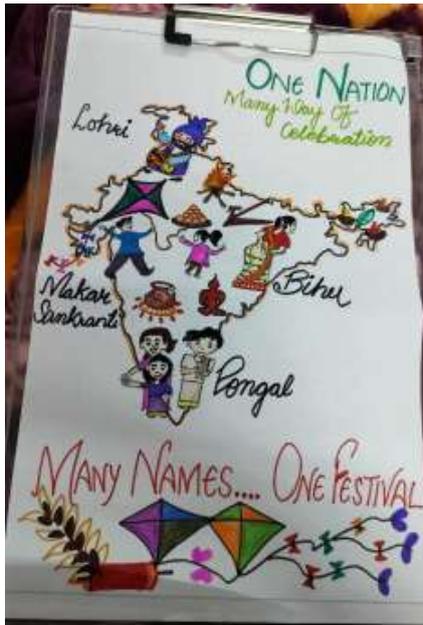
## NSS TASKS- RADHIKA SAINI

ANYTHING THAT MAKES YOU WEAK PHYSICALLY, INTELLECTUALLY AND SPIRITUALLY, REJECT AS POISON.  
-SWAMI VIVEKANANDA

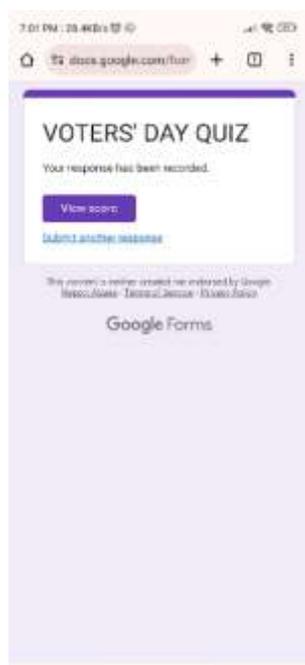
Prime Minister Narendra Modi spoke today at the inauguration of the 27th National Youth Festival in Nashik about the integral role of today's youth in the upcoming elections and as the future of our country. PM Modi also participated in a cleanliness drive at Kalaram Temple, encouraging similar activities across the nation. He also emphasized the importance of voting, especially for first time voters and talked about the next 25 years of Amrit Kaal. PM Modi honoured the land of Maharashtra by saying, "This is not just a coincidence that many great personalities of India are related to the land of Maharashtra. It is the effect of this 'Punya Bhoomi, Veer Bhoomi, and Tapo Bhoomi.'"

12TH JANUARY: During the inauguration of the National Youth Festival in Nashik on January 12, 2024, NSS KNC tasked its volunteers with task of summarising Honourable Prime Minister's speech according to their understanding to write a quotation relevant to the theme to mark the birth anniversary of Swami Vivekananda. This activity was organised to make the youth of their duties as a youth of the country and the power they hold to change our country's future.

15TH JANUARY: India, renowned for its unity in diversity, celebrates its harvesting festival under various names across different regions to honour the blessings of a plentiful harvest. On January 15th, NSS KNC urged its volunteers to craft posters, either digital or hand-drawn, showcasing their unique interpretations and celebrations of this auspicious harvesting season.



17TH JANUARY: 17th January celebrated as Guru Gobind Singh Jayanti marks the birthday of the 10th Sikh Guru. On this day, NSS KNC volunteers designed a beautiful kalgi and wrote a quote of Guru Gobind Singh Ji and explained their opinion of it commemorating Guru Gobind Singh ji's efforts towards ensuring the safety and protection of others.

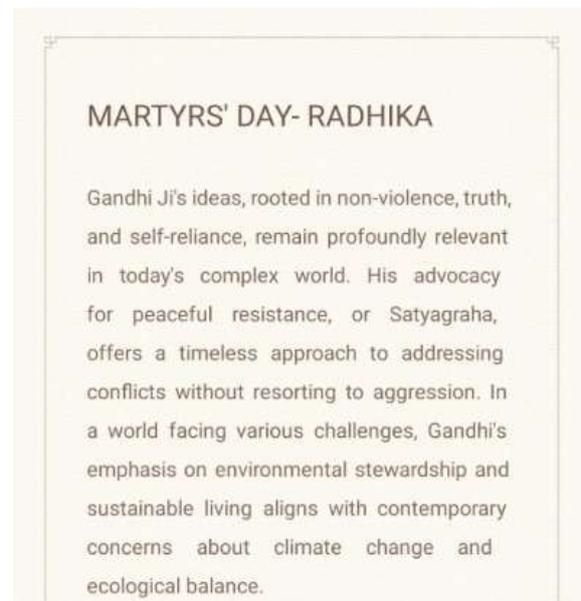


25TH JANUARY: National Voters' Day, marked on 25th January is celebrated to encourage the Indian Youth to participate in the electoral process. To celebrate this day, NSS KNC encouraged its volunteers to delve into our profound voting rights history through the means of a quiz.

26TH JANUARY: The Republic Day marks the adoption of India's constitution and the country's transition to a Republic on 26th January 1950. To celebrate this day, NSS KNC encouraged its volunteers to indulge in the following activities -

- Beating the Retreat Ceremony - Tune contest
- Samvidhan quiz
- Amrit Kaal Expression

These activities infused a sense of patriotism in the minds of our volunteers.



30TH JANUARY: Martyr's Day commemorated on 30th January marks the death anniversary of Mahatma Gandhi. It is a day of remembrance and tribute to those who sacrificed their lives for their country. To honour the martyrs who laid down their lives for our freedom, NSS KNC urged its volunteers to write a 200 word essay on " Ideas of Gandhi Ji and its relevance in the contemporary world".

## FEBRUARY 2024

February focused on spreading awareness about new diseases and fostering inter-college collaboration through a parody-making event, highlighting the importance of education and creativity in addressing health challenges and promoting unity.

13TH FEBRUARY: Volunteers conducted interviews across the college campus and surrounding areas to ensure that their peers were knowledgeable about lymphatic filariasis disease. This initiative aimed to raise awareness about the disease's causes, symptoms,

prevention methods, and treatment options, empowering individuals to protect themselves and promote community health.



22ND FEBRUARY: NSS KNC visited its adopted village to raise awareness about Lymphatic Filariasis during the Mass Drug Administration campaign. Volunteers conducted a skit to educate villagers about the disease, its causes, symptoms, and preventive measures. The energetic performance aimed to engage the community and highlight the importance of taking medication to prevent and control the spread of the disease. Through this initiative, volunteers contributed to promoting health education and improving overall well-being in the village.

22ND FEBRUARY: Our volunteers enthusiastically attended the online orientation session organized by Inside Me NGO, which focuses on empowering blind children. The NGO's innovative approach helps blind children visualize through their other senses. All volunteers actively participated in the orientation, gaining valuable insights into the unique methods and techniques used to support and empower visually impaired children.



28TH FEBRUARY: NSS is associated with Squad for Change, an NGO dedicated to

helping blind children, and Wishes and Blessings, an NGO focused on assisting underprivileged sections of society. Our volunteers displayed outstanding and active participation in supporting these NGOs' initiatives, showcasing their commitment to making a positive impact and contributing towards the welfare of marginalized communities.



29TH FEBRUARY: NSS KNC in collaboration with IITD NSS and IITD Hindi Samiti organized a PARODY MAKING COMPETITION to encourage the youth to learn more about social issues. The creativity of the participants remained unmatched as the teams sang their parodies on themes ranging from the placement season to food wastage in big,extravagant weddings. The performances were followed by an astounding shayari performance and song performance by the esteemed judges.

## MARCH 2024

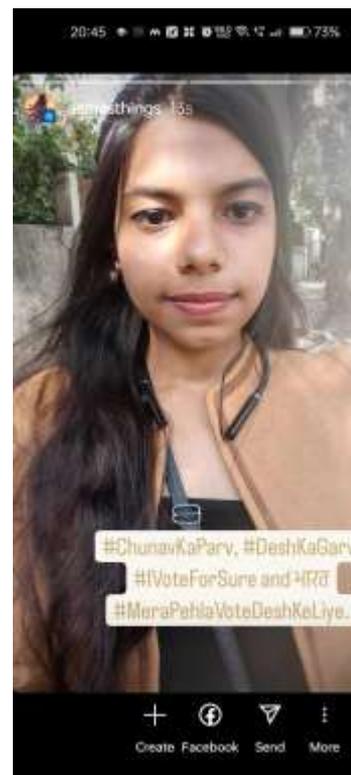
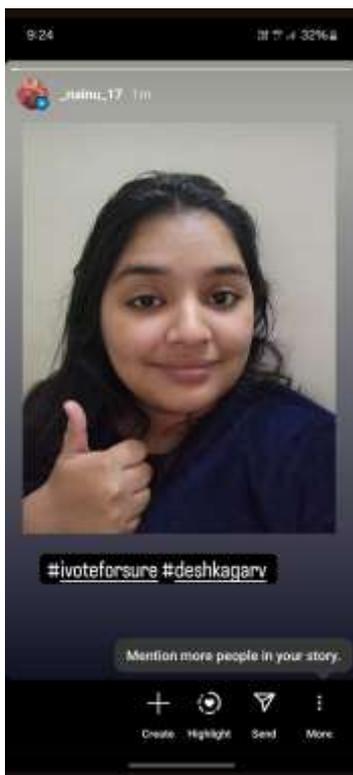
March centered around celebrating International Women's Day and raising awareness about the importance of voting, emphasizing the importance of civic participation and encouraging eligible individuals to exercise their democratic rights.

8TH MARCH: NSS KNC organised an uplifting activity- a bowl brimming with positivity. Students scribbled an anonymous note, sharing words of encouragement and in return, plucked a note from the bowl, discovering a heartfelt message just for them. The exchange of kind words weaved a community of support, strength, and admiration. Together, we created a space where every note symbolized the incredible impact women have on our lives.



8TH- 11TH MARCH: NSS KNC celebrated the Voters' Awareness Campaign with a series of activities:

On 8th March, the volunteers were encouraged to post informational material and their pictures along with the hashtags #ChunavKaParv #DeshKaGarv #IVoteForSure and #MeraPehlaVoteDeshKeLiye. Held on 08th March 2024, 42 of our volunteers took part and posted their proud faces with the tags. The tags were posted via the volunteers' social media handles to encourage and motivate more and more students to take part in this campaign.

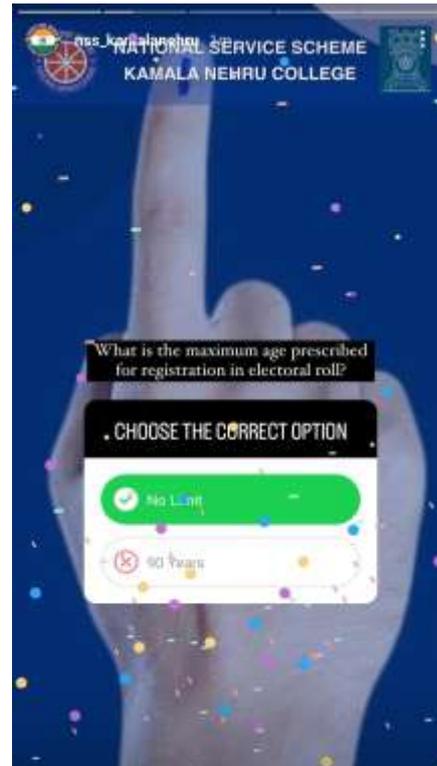


On 9th March the promotion of informational material provided by the ECI was done through the means of social media platforms like whatsapp. 9 of our volunteers keenly became a part of this awareness drive, and shared informational messages and posters to various student and youth groups.



NSS KNC acknowledged that the voting process can become overwhelming for first time voters so under the Voters' Awareness Campaign NSS KNC volunteers were encouraged to download the Voter's Helpline App to solve their doubts and to navigate and find an easier way of being a part of elections.

On 11th March, volunteers enthusiastically pledged to vote on the official government website, gov.in. They actively committed to exercising their democratic right, promising to participate in the electoral process. This collective effort reflects their dedication to shaping the future through active civic engagement.



13th March: As part of the campaign, the NSS unit of Kamala Nehru College organized an exciting quiz with the aim of spreading awareness and promoting responsible electoral practices among individuals. The quiz was posted through NSS KNC's official Instagram handle which ensured accessibility and ease for all the quiz takers. The quiz was held on 13th March 2024. The quiz was varied and contained questions about the history as well as the current voting regulations. The questionnaire included multiple-choice queries designed to assess participants' grasp of the subject and their rights. The volunteers displayed an admirable awareness level, affirming the quiz's success in emphasizing the significance of being a vigilant and engaged voter.

## APRIL 2024

On 14th April, a thought-provoking panel discussion on Understanding Intersectionality in Autism was held on Google Meet, in collaboration with Girl Up Azaad, Girl Up Sheisha, Girl Up Noor, and Girl Up Ahsaas. The event aimed to shed light on how overlapping identities, such as gender, socioeconomic status, and cultural background shape the lived experiences of individuals with autism.

Esteemed speakers Ms. Gopika Kapoor, Anindita Kundu, and Dr. Nidhi Singhal led the conversation, offering deep insights into how multiple social factors intersect to either support or hinder access, understanding, and inclusion for autistic individuals. Their perspectives emphasized the urgent need to go beyond one-size-fits-all approaches and instead recognize the diversity within the autism spectrum. The session encouraged students and attendees to engage with critical questions surrounding inclusivity, representation, and support systems. Participants walked away with a renewed understanding of how advocacy and sensitivity can lead to better outcomes in education, mental health, and community integration for people with autism.

**UNDERSTANDING INTERSECTIONALITY IN AUTISM**

With this discussion, we hope to explore how these intersecting factors influence the experiences of individuals with autism and how we can create more inclusive and supportive environments for them.

**ANINDITA KUNDU**  
(Psychotherapist and Lived Experience Advocate)

**DR NIDHI SINGHAL**  
(Director Research and Training at Action for Autism NGO)

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(Parent advocate and DEE consultant)

SUNDAY 14 APRIL, 2024

START FROM 4:00 PM ONWARDS

PLATFORM: GOOGLE MEET

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Muskan Gaur (+91 83685 00168)

## MAY 2024

NSS KNC, in collaboration with Girl Up Ahsaas and Girl Up Rubaroo, hosted an informative session titled "Demystifying Financial Literacy and Investment Options for Girls" on 5th May 2024. The session was led by Ms. Priyanka Bhatia, Co-founder and Lead Consultant at Women on Wealth, who shared valuable insights on managing personal finances and exploring investment avenues tailored for young women. The session empowered attendees

to take charge of their financial futures and emphasized the importance of early financial awareness. The event was a step towards building confident, financially independent women.

On 8th May 2024, the Viksit Bharat Ambassador Club, in collaboration with the University of Delhi, organized an energizing run to promote a stronger and healthier India. Held at 7:00 AM near the Gandhi Statue, VC Office, Gate No. 1, the event brought together enthusiastic participants united by a shared vision for national development. Laced with excitement and purpose, the run encouraged physical fitness and civic engagement among youth. Participants actively contributed their time and energy, reflecting the spirit of a Viksit Bharat. The event successfully fostered unity, determination, and the drive for collective progress.

## **JUNE 2024**

June was a month of awareness, mindfulness, and collective action for NSS KNC volunteers as we commemorated World Environment Day and the International Day of Yoga through meaningful activities aimed at education, reflection, and empowerment.

To mark the global celebration of environmental conservation, NSS KNC organized an

engaging online quiz for its volunteers on 5th June on the occasion of World Environment Day under the aegis of the Ministry of Environment, Forest and Climate Change. Hosted on our official Instagram handle, the quiz tested participants' knowledge of sustainability, climate change, and ecological preservation. This interactive initiative encouraged volunteers to reflect on their personal responsibility towards protecting the planet while enhancing awareness on pressing environmental issues. Volunteers were required to attempt the quiz and upload proof of participation, contributing two hours of their time toward this green cause.



This year's theme for International Day of Yoga, "Yoga for Women Empowerment", celebrated both wellness and strength. On 20th June, NSS KNC volunteers expressed their enthusiasm through creative submissions, including photos and videos of yoga asanas, accompanied by essays, poems, or speeches on the theme. The activity emphasized yoga not only as a tool for physical health but also as a means of mental resilience, empowerment, and self-awareness, especially for women. Through their inspiring entries, volunteers highlighted how yoga nurtures both individual well-being and community harmony.

## **JULY 2024**

The month of July at NSS KNC was marked by a series of meaningful activities aimed at raising awareness, encouraging thoughtful reflection, and promoting civic responsibility among volunteers.

In celebration of World Environment Day on 5th July, NSS KNC launched the heartfelt campaign 'Ek Ped Maa Ke Naam', encouraging volunteers to plant a sapling in honour of their mothers or mother figures. Participants were invited to share a written piece- poem, reflection, or essay expressing the emotional and environmental significance of this gesture. This green tribute aimed to blend personal gratitude with ecological responsibility, inspiring a deeper connection with nature. Volunteers contributed their entries along with photos, reaffirming our commitment to environmental sustainability.

### **Population Expansion and its Impact on Indian Society and Economy**

India is a fast-growing country in all aspects, this is also true when it comes to its population growth. India has surpassed China and is now the most populous nation in the world. We have over 1.4 billion people in India and this population has lots of social and emotional implications as the country's population demographic lays the groundwork or the foundation on which the nation does future planning as well as forms policies.

India's large population can pose challenges as well as advantages too. When it comes to challenges, a large population results in excessive demand for resources and services and this puts pressure, leading to environmental degradation, poverty, and inequality in the country. In the healthcare sector, for example, the quality of such services deteriorates if such pressure is put, and since available healthcare facilities are limited so further on, access to such services is also significantly less. In the education sector too due to the increasing population problems in meeting its needs.

Environmental issues also arise due to the growing population, as it has a negative impact on the natural resources of the earth. To fulfill the needs of the growing population natural resources are exploited and cause environmental damage. Population growth leads to an increase in the cost of consumer goods due to the scarcity of the other factors needed to increase their supply which further aids in increasing inequality and poverty. In addition, population growth leads to high rates of unemployment as limited employment opportunities are available in the country. Though labor is an important aspect of production however if other factors like capital, land, and other resources are not available in the required quantity then it poses a challenge and acts as a hurdle to the overall economic growth.

On 11th July to mark World Population Day, volunteers were invited to critically analyse the rate of population expansion in India and its impact on society and the economy. Through essay submissions, participants explored the intersections of population growth with issues such as resource allocation, employment, education, and healthcare. The initiative aimed to spark informed dialogue and strengthen our understanding of how population dynamics shape national progress.

In collaboration with the Bureau of Police Research and Development and MyGov, NSS KNC encouraged volunteers to participate in an online quiz designed to improve awareness of the newly enacted Bharatiya Nyaya Sanhita, 2023. The quiz offered an engaging opportunity for students to deepen their knowledge of India's evolving judicial framework and civic rights. Volunteers shared screenshots of participation as proof of learning.

